Metoprolol improves cardiac function and modulates cardiac metabolism in the streptozotocin-diabetic rat

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Sharma V, Dhillon P, Wambolt R, Parsons H, Brownsey R, Allard MF, McNeill JH. Metoprolol improves cardiac function and modulates cardiac metabolism in the streptozotocin-diabetic rat. Am J Physiol Heart Circ Physiol 294: H1609–H1620, 2008. First published January 18, 2008; doi:10.1152/ajpheart.00949.2007.—The effects of diabetes on heart function may be initiated or compounded by the exaggerated reliance of the diabetic heart on fatty acids and ketones as metabolic fuels. β-Blocking agents such as metoprolol have been proposed to inhibit fatty acid oxidation. We hypothesized that metoprolol would improve cardiac function by inhibiting fatty acid oxidation and promoting a compensatory increase in glucose utilization. We measured ex vivo cardiac function and substrate utilization after chronic metoprolol treatment and acute metoprolol perfusion. Chronic metoprolol treatment attenuated the development of cardiac dysfunction in streptozotocin (STZ)-diabetic rats. After chronic treatment with metoprolol, palmitate oxidation was increased in control hearts but decreased in diabetic hearts without affecting myocardial energetics. Acute treatment with metoprolol during heart perfusions led to reduced rates of palmitate oxidation, stimulation of glucose oxidation, and increased tissue ATP levels. Metoprolol lowered malonyl-CoA levels in control hearts only, but no changes in acetyl-CoA carboxylase phosphorylation or AMP-activated protein kinase activity were observed. Both acute metoprolol perfusion and chronic in vivo metoprolol treatment led to decreased maximum activity and decreased sensitivity of carnitine palmitoyltransferase 1 to malonyl-CoA. Metoprolol also increased sarcoplasmic reticulum Ca2+-ATPase expression and prevented the reexpression of atrial natriuretic peptide in diabetic hearts. These data demonstrate that metoprolol ameliorates diabetic cardiomyopathy and inhibits fatty acid oxidation in streptozotocin-induced diabetes. Since malonyl-CoA levels are not increased, the reduction in total carnitine palmitoyltransferase 1 activity is the most likely factor to explain the decrease in fatty acid oxidation. The metabolism changes occur in parallel with changes in gene expression.

diabetic cardiomyopathy; fatty acid oxidation; heart failure; carnitine palmitoyltransferase; malonyl-coenzyme A

DIABETES IS AN INDEPENDENT risk factor for cardiovascular death, and mortality after myocardial infarction is increased in diabetic patients (7, 8, 16, 36). The most common cause of this cardiovascular mortality is heart failure arising as a result of hypertensive or ischemic injury. However, the diabetic heart is rendered more susceptible to these injuries as a result of a number of pathological changes that are collectively referred to as “diabetic cardiomyopathy.” These include cell death, oxidative stress, impaired calcium handling and decreased calcium sensitivity of myofilaments, alterations in second messenger signaling pathways (RhoA/Rho kinase and PKC), induction of the “fetal gene program,” and changes in cardiac metabolism (17, 26, 34). The diabetic heart, with marked limitations on the catabolic use of glucose, relies heavily on alternative fuels such as fatty acids and ketone bodies, resulting in the accumulation of intermediates and products of fatty acid and glucose metabolism, as well as the accumulation of intramyocardial glycogen and triglycerides (15, 23). These changes are potentially harmful to the cardiomyocyte, and agents that restore the normal balance of cardiac substrate utilization by inhibiting fatty acid oxidation have been shown to improve cardiac function in diabetic hearts (42).

The β-blockers metoprolol (β1-selective inverse agonist), bisoprolol (β1-selective antagonist), nebivolol (β1-selective antagonist), and carvedilol (nonselective β- and α1-antagonist) reduce mortality and improve cardiac function in heart failure patients (18, 24). Putative mechanisms include antiarrhythmic effects, amelioration of cardiomyocyte hypertrophy, necrosis and apoptosis, reversal of fetal gene program expression, increases in cardiac receptor density (for some β-blockers including metoprolol), and modulation of cardiac metabolism (see Ref. 31 for review). To date, metoprolol (21), bucindolol, and carvedilol (1) have been shown to inhibit fatty acid oxidation, although it is not clear to what extent these effects are due to direct effects on the heart or alterations in substrate supply mediated through effects on peripheral organs. Carvedilol is a nonselective β-blocker that also blocks the α1-adrenergic receptor and calcium channels (at high doses) and is an antioxidant (22). Metoprolol is a selective inverse agonist of the β1-receptor that is also likely to block β2-receptors at clinical doses (31). Clinical studies have shown that treatment with metoprolol decreases fatty acid oxidation and promotes glucose oxidation in patients with dilated cardiomyopathy (21). A study (37) in dogs with microembolism-induced heart failure showed that the enzyme carnitine palmitoyltransferase I (CPT I) is inhibited by chronic metoprolol treatment. CPT I catalyzes the entry of long-chain fatty acids into the mitochondria, a critically important control step in fatty acid oxidation.

Given the broad range of actions attributed to β-blockers, and their demonstrated benefit in other forms of heart failure, we hypothesized that these drugs would improve cardiac func-
tion in diabetic cardiomyopathy. Here we investigated both the acute and chronic effects of metoprolol on cardiac function and cardiac substrate utilization in the streptozotocin (STZ)-diabetic rat. The STZ-diabetic rat is a model of poorly controlled type 1 diabetes that is associated with a marked decrease in insulin levels. STZ is an antibiotic synthesized by the bacterium *Streptomyces achromogenes* that selectively targets and destroys the insulin-secreting β-cells of the pancreas (27, 43). The diabetic cardiomyopathy of the STZ rat closely resembles the concept that selectively targets and destroys the insulin-secreting β-cells of the pancreas (27, 43). The diabetic cardiomyopathy of the STZ rat closely resembles that which is seen clinically and, at the STZ dose used in our laboratory (60 mg/kg), appears 6 wk after STZ injection (45, 47, 48). STZ rats do not develop atherosclerosis or hypertension, thereby enabling the diabetic heart to be studied in the absence of ischemic or hypertensive disease.

The aim of the present investigation was to provide proof of the concept that β-blockers can improve cardiac function in the diabetic heart and to investigate whether inhibition of fatty acid oxidation contributes to this benefit. We chose to focus the present study on a single β-blocker, metoprolol, because it has previously been shown to alter cardiac energy substrate utilization by the heart and because this action has been linked to the inhibition of CPT I activity. Furthermore, the actions of metoprolol are more selective than those of carvedilol. We hypothesized that the β-blocker metoprolol improves function in the diabetic heart. Inhibition of CPT I by metoprolol would allow the heart to utilize glucose and could contribute to the improvement in cardiac function by relieving the injury caused by the switch in substrate selection.

**MATERIALS AND METHODS**

**Animal model and treatments.** Animals were cared for in accordance with the guidelines of the Canadian Council on Animal Care. The protocol for the use of animals in these experiments was examined and approved by the Animal Care Committee at the University of British Columbia, Office of Research Services, Male Wistar rats (weight-matched at 200–220 g) were purchased from Charles River Laboratories and allowed to acclimatize for 1 wk before the beginning of the study. Rats were allowed ad libitum access to standard rat chow and water. For the preliminary cardiac function study, rats were randomly divided into four groups: control (C), control treated (CT), diabetic (D), and diabetic treated (DT). In the cardiac metabolism studies, two additional groups were added: control perfused (CP) and diabetic perfused (DP). Diabetes was induced by the injection of 60 mg/kg STZ into the caudal vein. One week after the induction of diabetes treatment was commenced. The treated groups received 75 mg/kg STZ into the caudal vein. One week after the induction of diabetes, the animals were euthanized. Five-hour fasting blood samples were taken 1 wk after STZ injection and immediately before termination. For perfused groups, metoprolol was added to the perfusate in the isolated working heart preparation as described in *Measurement of cardiac function and metabolism*.

**Measurement of plasma parameters.** Plasma glucose concentration was determined using the Beckmann glucose analyzer. Plasma insulin was measured using the radioimmunoassay kit available from Millipore/LINCO (Billerica, MA). Plasma free fatty acids, cholesterol, and triglycerides were determined by colorimetric assay kits available from Roche (Basel, Switzerland). Plasma ketone levels were measured using the CardioChek analyzer from Polymer Technology Systems (Indianapolis, IN).

**Measurement of cardiac function and metabolism.** Measurement of cardiac function and metabolism was carried out as described previously (6, 10). Six weeks after STZ injection, the rats were anesthetized by 4% isofluorane anesthesia and the hearts were excised. The hearts were perfused with Krebs buffer (composition: 118 mM NaCl, 4.7 mM KCl, 1.2 mM KH2PO4, 1.2 mM MgSO4, 2 mM CaCl2, 5.5 mM glucose, 0.5 mM lactate, 100 or 0 μM insulin, and 0.8 mM palmitate bound to 3% BSA) in an aerobic perfusion for 60 min. These perfusion conditions were selected to maintain consistency with those used previously by our laboratory and others for measurements of this kind (2, 5, 20, 29). Since plasma lipid levels did not vary between groups, a palmitate concentration of 0.8 mM palmitate was used in all groups; although the plasma fatty acid level was ~0.2 mM, a significant proportion of the fatty acid supply to the heart in vivo comes from plasma lipoproteins (9, 35, 41), so a higher concentration of palmitate was selected.

For simultaneous measurement of glucose and palmitate oxidation, the production of 14CO2, [1-14C]glucose, and [1-14C]palmitate was measured at 10-min intervals. Lactate production was determined by measuring the net accumulation of lactate in the perfusate at the same time intervals. Cardiac output and aortic and pulmonary flow were measured by probes positioned upstream of the pulmonary cannula and downstream of the aortic cannula throughout the course of the perfusion. Pressure was measured by a pressure transducer positioned downstream of the aortic cannula. For perfused groups (CP and DP), 2,000 ng/ml (4.8 μM) metoprolol was added to the perfusate after 30 min. For other groups (C, CT, D, and DT), an equivalent volume of vehicle was added. After completion of the perfusion, tissues were freeze clamped in liquid nitrogen, weighed, and stored at ~70°C for further assay. The numbers (n) were five for all groups. Biochemical assays and Western blots were only carried out on samples that had been perfused with insulin.

**Table 1. General characteristics and plasma parameters at termination**

<table>
<thead>
<tr>
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<th>C</th>
<th>CT</th>
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<tbody>
<tr>
<td>Body weight, g</td>
<td>486.4±31.3</td>
<td>480.3±41.0</td>
<td>387.8±37.5*</td>
<td>351.6±53.7*</td>
</tr>
<tr>
<td>Heart weight, g</td>
<td>1.82±0.10</td>
<td>1.47±0.07*</td>
<td>1.51±0.10*</td>
<td>1.38±0.07*</td>
</tr>
<tr>
<td>Heart weight-to-body weight ratio</td>
<td>3.60±0.12</td>
<td>3.18±0.08*</td>
<td>3.85±0.16</td>
<td>3.62±0.11</td>
</tr>
<tr>
<td>Plasma glucose, mmol/l</td>
<td>7.25±0.26</td>
<td>7.35±0.40</td>
<td>27.99±1.1*</td>
<td>24.99±5.1*</td>
</tr>
<tr>
<td>Plasma insulin, ng/ml</td>
<td>1.59±0.41</td>
<td>1.78±0.78</td>
<td>0.49±0.3*</td>
<td>0.37±0.12*</td>
</tr>
<tr>
<td>Plasma triglycerides, mmol/l</td>
<td>0.19±0.01</td>
<td>0.16±0.01</td>
<td>0.25±0.05*</td>
<td>0.26±0.05*</td>
</tr>
<tr>
<td>Plasma cholesterol, mmol/l</td>
<td>1.89±0.05</td>
<td>1.86±0.10</td>
<td>2.05±0.18*</td>
<td>2.10±0.15*</td>
</tr>
<tr>
<td>Plasma free fatty acids, mmol/l</td>
<td>0.19±0.02</td>
<td>0.23±0.01</td>
<td>0.20±0.02</td>
<td>0.19±0.03</td>
</tr>
<tr>
<td>Plasma ketones, mmol/l</td>
<td>0.76±0.05</td>
<td>0.50±0.04</td>
<td>2.43±0.57*</td>
<td>1.36±0.28*</td>
</tr>
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Animals were fasted for 5 h before blood collection. Data are means ± SE. Data were analyzed using one-way ANOVA with Newman-Keuls post hoc test.

*Significantly different from C; †significantly different from untreated group (P < 0.05; C, control, n = 8; CT, control treated with metoprolol, n = 8; D, diabetic, n = 8; and DT, diabetic treated with metoprolol, n = 8).
Biochemical assays. Tissue triglyceride levels were measured as described previously (14). Enzyme activities were measured on whole tissue homogenates. Total protein concentration was measured using the Bradford assay. CPT I activity was measured by measuring the rate of conversion of [14C]carnitine to [14C]acyl-carnitine as described previously (13). The sensitivity of CPT I to malonyl-CoA was measured by assaying CPT I activity in the presence of increasing concentrations of malonyl-CoA and calculating an IC50 value (28). To test for pharmacological inhibition of CPT I by metoprolol, whole homogenates of control hearts were incubated with increasing concentrations of metoprolol in the presence of 0, 50, or 100 μM malonyl-CoA.

AMP-activated protein kinase (AMPK) was purified by immunoprecipitation before assay based on the rate of incorporation of [32P]ATP into a synthetic peptide containing a specific AMPK consensus sequence (AMARAASAAALARRR), using the kit from

Fig. 1. Mechanical performance of isolated perfused hearts. The average heart rate, cardiac output, and hydraulic power over the course of the 60-min perfusion are presented. PSP, peak systolic pressure. Data are means ± SE and were analyzed using one-way ANOVA with Newman-Keuls post hoc test. *P < 0.05, significantly different from control (C), control treated (CT), and diabetic treated (DT); #P < 0.05, significantly different from C and diabetic (D); +P < 0.05, significantly different from C, CT, and D (n = 5 for C, CT, D, and DT).

Fig. 2. Effects of chronic in vivo metoprolol treatment on metabolism of isolated perfused hearts. Glucose and palmitate oxidation, and lactate accumulation in the perfusate during a 60-min aerobic perfusion. Perfusions were carried out in the presence of insulin (100 μU/ml). Data are means ± SE. Data were analyzed using one-way ANOVA with Newman-Keuls post hoc test. *P < 0.05, significantly different from C of metoprolol; +P < 0.05, significantly different from corresponding untreated group.
Table 2. Tissue glycogen, triglyceride, and malonyl-CoA levels after chronic treatment with metoprolol and perfusion in the presence of insulin

<table>
<thead>
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<th>C</th>
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<tr>
<td>Tissue glycogen levels, μmol/g dry wt</td>
<td>180.4±31.2</td>
<td>160.6±18.1</td>
<td>95.9±18.3</td>
<td>285.0±32.0</td>
<td>237.3±35.7</td>
<td>286.6±35.2</td>
</tr>
<tr>
<td>Tissue triglyceride levels, μmol/g dry wt</td>
<td>41.1±2.6</td>
<td>35.3±3.0</td>
<td>31.2±1.5</td>
<td>59.1±3.9</td>
<td>31.5±0.8</td>
<td>44.6±2.7</td>
</tr>
<tr>
<td>Malonyl-CoA levels, μmol/g wet wt</td>
<td>17.1±2.4</td>
<td>8.1±1.1</td>
<td>7.7±1.4</td>
<td>20.7±5.2</td>
<td>22.1±4.7</td>
<td>17.4±3.8</td>
</tr>
</tbody>
</table>

Data are means ± SE. Data were analyzed using one-way ANOVA with Newman-Keuls post hoc test. *P < 0.05, significantly different from corresponding untreated group (n = 5 for C, CT, D, and DT).

Table 3. Myocardial energetics and AMPK activity after chronic metoprolol treatment and ex vivo cardiac perfusion in the presence of insulin

<table>
<thead>
<tr>
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<th>C</th>
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<tbody>
<tr>
<td>ATP, μmol/g wet wt</td>
<td>6.3±0.3</td>
<td>7.2±1.7</td>
<td>6.0±0.5</td>
<td>5.1±1.2</td>
</tr>
<tr>
<td>ADP, μmol/g wet wt</td>
<td>2.3±0.2</td>
<td>1.6±0.3</td>
<td>2.5±0.3</td>
<td>1.6±0.5*</td>
</tr>
<tr>
<td>AMP, μmol/g wet wt</td>
<td>0.74±0.09</td>
<td>1.03±0.08</td>
<td>0.83±0.08</td>
<td>0.77±0.03</td>
</tr>
<tr>
<td>α-1 AMPK activity, pmol ATP incorporated·min⁻¹·mg protein⁻¹</td>
<td>2.7±0.3</td>
<td>3.5±0.6</td>
<td>3.1±0.4</td>
<td>3.6±0.5</td>
</tr>
<tr>
<td>α-2 AMPK activity, pmol ATP incorporated·min⁻¹·mg protein⁻¹</td>
<td>3.6±0.4</td>
<td>3.6±0.3</td>
<td>3.4±0.6</td>
<td>3.4±0.4</td>
</tr>
<tr>
<td>α-pan AMPK activity, pmol ATP incorporated·min⁻¹·mg protein⁻¹</td>
<td>4.0±0.9</td>
<td>3.8±0.3</td>
<td>3.6±0.5</td>
<td>3.7±0.4</td>
</tr>
</tbody>
</table>

Data are means ± SE. Data were analyzed using one-way ANOVA with Newman-Keuls post hoc test. *P < 0.05, significantly different from corresponding untreated group (n = 5 for C, CT, D, and DT).
energetics, as determined by tissue levels of ATP, ADP and AMP, and AMPK activity, were not altered either by metoprolol or by diabetes (Table 3). When perfusions were repeated in the absence of insulin, the effect of metoprolol on glucose oxidation was obliterated (glucose oxidation: C: 421 ± 66, CT: 385 ± 59, D: 54 ± 53, and DT, 47 ± 25 nmol·min⁻¹·g dry wt⁻¹; P < 0.05, D and DT significantly different from C and CT). However, the effect on palmitate oxidation was preserved (palmitate oxidation: C: 1,126 ± 10.9, CT: 1,649 ± 155, D: 2,490 ± 921, and DT: 1,777 ± 175 nmol·min⁻¹·g dry wt⁻¹; P < 0.05, CT and DT significantly different from C and D; P < 0.05, D significantly different from all groups).

Acute effects of metoprolol on metabolism of isolated perfused hearts. Perfusion of hearts with metoprolol for 30 min resulted in 42 and 46% inhibition of palmitate oxidation with 177 and 237% stimulation of glucose oxidation in control and diabetic hearts, respectively (Fig. 3, top). ATP levels increased by 15 and 62%, whereas AMP levels decreased by 70 and 47% in control and diabetic hearts, respectively (Table 4). In diabetic hearts, acute metoprolol perfusion also raised ADP levels by 32% (Table 3). Lactate production was decreased by 35 and 77% in control and diabetic hearts, respectively, after acute metoprolol perfusion, but glycogen levels were unchanged (Fig. 3; Table 2). In both control and diabetic hearts, acute metoprolol perfusion lowered tissue triglyceride levels by 15 and 47%, respectively (Table 4). When the perfusions were repeated in the absence of insulin, the effect of metoprolol on glucose oxidation was obliterated in diabetic hearts but not control hearts (glucose oxidation: C: 421 ± 66, CP: 967 ± 66, D: 54 ± 53, and DP: 52 ± 51 nmol·min⁻¹·g dry wt⁻¹; P < 0.05, D and DP significantly different from C and CT; P < 0.05, CP significantly different from all groups). However, when metoprolol perfusion was repeated in the absence of insulin, the effect of metoprolol on glucose oxidation was obliterated in diabetic hearts but not control hearts (glucose oxidation: C: 421 ± 66, CP: 967 ± 66, D: 54 ± 53, and DP: 52 ± 51 nmol·min⁻¹·g dry wt⁻¹; P < 0.05, D and DP significantly different from C and CT; P < 0.05, CP significantly different from all groups), whereas the pattern of changes observed for palmitate oxidation was preserved (palmitate oxidation: C: 1,126 ± 10.9, CP: 770 ± 102, D: 2,490 ± 921, and DP: 1,019 ± 242 nmol·min⁻¹·g dry wt⁻¹; P < 0.05, CP and DP significantly different from untreated group; P < 0.05, D significantly different from all groups).

Regulation of myocardial malonyl-CoA concentrations. Myocardial malonyl-CoA levels were lowered by 55% after chronic in vivo treatment with metoprolol and were also lowered acutely by 53% when hearts were treated with the β-blocker during perfusion (Table 4). Chronic metoprolol treatment did not alter ACC or MCD expression (Table 4; Fig. 4) nor was AMPK-mediated phosphorylation of ACC altered, as assessed by phosphorylation of Ser 79 on ACC, either during metoprolol perfusion or chronic in vivo metoprolol treatment (Fig. 5). Furthermore, the total phosphorylation state of ACC was also unaffected by metoprolol, based on reactivity with pan-specific anti-phosphoserine and anti-phosphotheorenine antibodies. Overall, malonyl-CoA levels did not correlate with the observed changes in the rate of fatty acid oxidation, and the observed decrease in malonyl-CoA levels produced by metoprolol in control hearts was not attributable to the effects on ACC.

Regulation of CPT I and pyruvate dehydrogenase. Because the observed changes in fatty acid oxidation were not explicable on the basis of malonyl-CoA levels alone, we investigated whether metoprolol modulates CPT I activity and its sensitivity to malonyl-CoA. Acute perfusion or chronic treatment with metoprolol both lowered CPT I activity (Fig. 6A), but the decrease produced by acute perfusion was more marked; chronic metoprolol treatment reduced CPT I activity by 32 and 33%, whereas acute metoprolol perfusion decreased CPT I activity by 42 and 50%, in control and diabetic hearts, respectively. When CPT I activity was assayed in the presence of increasing concentrations of malonyl-CoA, chronic metoprolol treatment decreased the sensitivity of CPT I to malonyl-CoA in diabetic, but not control, hearts (Fig. 6A). However, acute metoprolol perfusion...
decreased the sensitivity in both control and diabetic hearts (Fig. 6B). Although the maximum CPT I activity differed between groups, the rightward shift in the dose-response curve was preserved when the absolute activity data were plotted (data not shown). To investigate whether metoprolol could directly inhibit CPT I activity or modulate malonyl-CoA inhibition, we assayed CPT I activity in the presence of a range of concentrations of metoprolol and malonyl-CoA (Fig. 6C); no inhibition of CPT I activity occurred, and malonyl-CoA inhibition of CPT I was not affected.

To investigate whether metoprolol influences the PDC, we measured PDC activity by in vitro enzyme assay and PDC protein expression by Western blotting (Fig. 7). Metoprolol decreased PDC catalytic activity without affecting PDC protein expression levels.

Expression of SERCA and ANP. The expression of SERCA was markedly lower in hearts from diabetic animals relative to control hearts, while the expression of ANP was higher in ventricular tissue from diabetic hearts. Chronic metoprolol treatment prevented both of these effects of STZ diabetes (Fig. 8).

**DISCUSSION**

**Plasma parameters and cardiac function.** Chronic in vivo metoprolol treatment attenuated, but did not completely prevent, the cardiac dysfunction produced by STZ diabetes, with the improvement in rate-pressure product being due to an improvement in heart rate rather than in developed pressure. Surprisingly, metoprolol markedly decreased cardiac weight, although the mechanism is not known. It has been shown that chronic reduction of cardiac load can induce atrophic remodeling by activation of the ubiquitin proteasome proteolytic pathway (38), but it is not clear if metoprolol treatment would produce change in cardiac load to induce such a phenotype in control animals. Further studies are required to determine the mechanism of the decrease in heart weight.

### Table 4. Myocardial energetics and AMPK activity after ex vivo cardiac perfusion with metoprolol in the presence of insulin

<table>
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<th>C</th>
<th>CP</th>
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<tbody>
<tr>
<td>ATP, μmol/g wet weight</td>
<td>6.3±0.3</td>
<td>7.3±0.4*</td>
<td>6.0±0.5</td>
<td>9.7±0.9*</td>
</tr>
<tr>
<td>ADP, μmol/g wet weight</td>
<td>2.3±0.2</td>
<td>2.3±0.1</td>
<td>2.5±0.3</td>
<td>3.3±0.4*</td>
</tr>
<tr>
<td>AMP, μmol/g wet weight</td>
<td>0.74±0.03</td>
<td>0.22±0.03*</td>
<td>0.83±0.08</td>
<td>0.39±0.10*</td>
</tr>
<tr>
<td>α-1 AMPK activity, pmol [P] incorporated·min⁻¹·mg protein⁻¹</td>
<td>2.7±0.3</td>
<td>3.8±0.1*</td>
<td>3.1±0.4</td>
<td>3.7±0.4</td>
</tr>
<tr>
<td>α-2 AMPK activity, pmol [P] incorporated·min⁻¹·mg protein⁻¹</td>
<td>3.6±0.4</td>
<td>3.0±0.5</td>
<td>3.4±0.6</td>
<td>3.8±0.7</td>
</tr>
<tr>
<td>α-pan AMPK activity, pmol [P] incorporated·min⁻¹·mg protein⁻¹</td>
<td>4.0±0.9</td>
<td>4.0±0.9</td>
<td>3.6±0.5</td>
<td>3.3±0.4</td>
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Data are means ± SE. Data were analyzed using one-way ANOVA with Newman-Keuls post hoc test. *P < 0.05, significantly different from corresponding untreated group (n = 5 for C, CT, D, and DT).

Fig. 4. Expression of acetyl-CoA carboxylase (ACC) and malonyl-CoA decarboxylase (MCD) measured by Western blotting. Band intensity was quantified using ImageJ software. Data were analyzed using an unpaired Student’s t-test. *P < 0.05, significantly different.
In searching for metabolic correlates to improved function, we found that chronic metoprolol treatment did not lead to any significant changes in blood glucose or lipid levels. Surprisingly, however, metoprolol attenuated the increase in ketones seen in the diabetic animals. It is not clear why metoprolol would produce such an effect, but because peripheral ketone utilization appears to depend largely on supply (46), the effect most likely reflects a decrease in hepatic ketogenesis. Further work will be required to establish whether metoprolol alters ketogenesis by suppressing lipolysis and therefore the delivery of fatty acids to the liver, by inhibiting fatty acid oxidation in the liver, or by some other mechanism.

Effects of chronic metoprolol treatment on cardiac metabolism. We next measured cardiac substrate utilization ex vivo to explore the acute and chronic effects of metoprolol and the mechanisms involved. Chronic metoprolol treatment increased fatty acid oxidation of normal hearts, whereas the higher rates in STZ hearts were reduced. It is well established that inhibition of CPT I by malonyl-CoA is the major mechanism by which CPT I activity is regulated in the heart (19, 25). We therefore hypothesized that metoprolol would inhibit fatty acid oxidation by increasing malonyl-CoA levels. Surprisingly, malonyl-CoA concentrations were reduced in control hearts and were unchanged in STZ hearts. To assess CPT I more thoroughly, we measured CPT I activity in heart tissue. Because allosteric effects on CPT I are lost by lysis of the cell membrane and the hydrolysis and dilution of cytosolic metabolites in the assay buffer, this measurement does not reflect the in vivo flux through CPT I and is not related to malonyl-CoA concentrations in the myocardium. It is, in fact, a measurement of maximum CPT I activity. We measured the sensitivity of CPT I to malonyl-CoA by assaying tissue CPT I activity in the presence of increasing concentrations of malonyl-CoA. The true flux through CPT I in vivo is determined by a combination of malonyl-CoA levels, CPT I maximum activity, and CPT I sensitivity to malonyl-CoA. An indication of the true flux through CPT I is given by the measured rates of palmitate oxidation. CPT I maximum activity was reduced by metoprolol in both control and diabetic hearts. The sensitivity of CPT I to malonyl-CoA inhibition was dramatically reduced by metoprolol in STZ hearts but hardly affected in control hearts.

Therefore, the improvement in heart function of STZ hearts exposed chronically to metoprolol was associated with reduced β-oxidation that is consistent with the reduced total CPT I activity. The reduced β-oxidation was not explained by an increase in malonyl-CoA (which was unchanged) nor by a change in CPT I sensitivity, which was actually reduced, a change that would tend to enhance β-oxidation. Surprisingly, there seemed to be only modest corresponding increases in glucose oxidation; however, this is partly explained by the fact that metoprolol concurrently inhibited PDC activity. We did not measure lactate oxidation in the present studies, and changes in lactate oxidation are likely to have occurred with metoprolol treatment. However, lactate production, as measured by lactate accumulation in the perfusate, was unaltered by chronic metoprolol treatment.

It is intriguing to note that control and diabetic hearts respond differently to chronic metoprolol treatment. The
controls actually show higher ex vivo β-oxidation after chronic metoprolol, with a decrease in total CPT I and very little change in sensitivity of CPT I to malonyl-CoA. In this case, the drop in total tissue malonyl-CoA is the most obvious and likely explanation. The mechanism for the decrease in malonyl-CoA levels is not clear. We could find no evidence for changes in the expression of ACC or MCD nor AMPK- or PKA-mediated phosphorylation of ACC (12). It is possible that malonyl-CoA levels fell as a result of decreased availability of acetyl-CoA to ACC, occurring as a consequence of CPT I inhibition; this speculation would, however, be difficult to test.

Metoprolol decreased active PDC activity without affecting total PDC levels, suggesting that metoprolol increases the inhibition of PDC. These changes would be expected to cause a decrease in glucose oxidation rather than the increase we actually observed, which serves to emphasize the importance of noncovalent mechanisms in the control of glucose oxidation. Furthermore, when insulin was removed from the perfusate, the effects of metoprolol on fatty acid oxidation were preserved despite the fact that the effects on glucose oxidation were lost. These data suggest that the primary action of metoprolol is to inhibit fatty acid oxidation independent of insulin. Metoprolol did not produce direct pharmacological inhibition of CPT I, indicating that the effect is receptor mediated. The improvements in glucose oxidation are mediated by the Randle cycle and limited by the concurrent direct inhibition of PDC activity.

**Effects of acute metoprolol perfusion on cardiac metabolism.** Rapid effects observed during short-term perfusion of isolated hearts might give important clues about the early events that occur in vivo, likely preceding improvements in function. The higher rates of fatty acid oxidation seen in STZ hearts were reduced acutely by metoprolol. In this case, control hearts responded similarly with inhibition of fatty acid oxidation. Acute metoprolol perfusion also improved myocardial energetics, as measured by tissue adenine nu-

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**Fig. 6.** A: Carnitine palmitoyltransferase I (CPT I) activity in whole tissue homogenates. Data are means ± SE. Data were analyzed using one-way ANOVA with Newman-Keuls post hoc test. *P < 0.05, significantly different from corresponding untreated group; #P < 0.05, significantly different from all other groups (n = 5, for C, CP, CT, D, DP, and DT). B: malonyl-CoA IC50 values calculated after curve-fitting analysis of CPT I dose-response curves. Data are means ± SE. Data were analyzed using one-way ANOVA with Newman-Keuls post hoc test. *P < 0.05, significantly different from control; +P < 0.05, significantly different from corresponding untreated group (n = 5, for C, CP, CT, D, DP, and DT). C: CPT I activity after incubation of control tissue homogenates with increasing concentrations of metoprolol and in the presence of 0, 50, or 100 μM malonyl-CoA. Data are means ± SE (n = 5).
cleotide levels, an improvement that was not seen with chronic treatment. Malonyl-CoA levels fell in control hearts and were unchanged in diabetic hearts. CPT I activity was reduced, but acute metoprolol perfusion produced a larger decrease than did chronic treatment (acute perfusion: C: 42% reduction, D: 50% reduction; chronic treatment: C: 32% reduction, D: 33% reduction). Acute metoprolol perfusion decreased the sensitivity of CPT I to malonyl-CoA in both control and diabetic hearts.

To summarize, metoprolol acutely reduced the high rates of fatty acid oxidation of STZ hearts, with a modest compensation of glucose oxidation. The reduced /H9252-oxidation again seemed to be most influenced by the reduced maximum CPT I activity and was not explained by an increase in malonyl-CoA or an increase in sensitivity of CPT I to malonyl-CoA (in fact, the reverse was seen). The fact that CPT I changes so rapidly, before expression could conceivably change, suggests that a covalent modification of CPT I is occurring.

It is not clear whether all β-blockers can inhibit fatty acid oxidation or even whether the effect is mediated by β-adrenoceptors. Furthermore, because cardiac metabolism is driven by cardiac function (40), some of the effects of metoprolol on cardiac metabolism may be attributable to, rather than responsible for, its effects on cardiac function. Further studies need to assess whether the effect is preserved in cells, in which the effects of cardiac function and the Frank-Starling mechanism do not apply.

**Myocardial remodeling.** Surprisingly, metoprolol markedly decreased cardiac weight, although this was not associated with impairment of cardiac function. It is not clear whether the effect was due to apoptosis or atrophy. There are, to our knowledge, no clinical reports of metoprolol inducing either atrophy or apoptosis in the heart. Mechanical unloading of the adult Wistar rat heart has been shown to induce atrophic remodeling by inducing early activation of the ubiquitin proteasome proteolytic pathway (38). However, it is unclear whether metoprolol treatment would produce sufficient cardiac unloading to induce such a phenotype in control animals. Further studies are required to determine the mechanism of the decrease in heart weight. Intriguingly, metoprolol decreased the heart weight-to-body weight ratio in control but not diabetic hearts, indicating that structural and cellular-molecular remodeling are independently affected by metoprolol in diabetes.

STZ diabetes is known to be associated with impairment of calcium handling by the cardiomyocyte, which is associated with a marked decrease in SERCA expression and function; restoration of SERCA function ameliorates cardiac dysfunction (11). Consistent with previous measurements in heart failure patients (32), we observed that metoprolol increased SERCA expression in diabetic cardiomyopathy, an important mechanism by which metoprolol could improve cardiac function in this model. It has been reported that chronic inhibition of CPT I improves calcium handling and SERCA expression (39, 44), so it is conceivable that the improvement in SERCA expression could be explained on the basis of CPT I inhibition. However, SERCA control is likely influenced by multiple factors, not just as a result of CPT I effects, as indicated by the parallel effects of metoprolol on ANP expression.
In conclusion, metoprolol treatment ameliorates the decline in function seen in STZ-diabetic rat hearts and this may be explained, at least in part, by a reduction in CPT I activity and fatty acid oxidation. In comparison, the allosteric control of CPT I by malonyl-CoA appeared not to play a major role in the actions of metoprolol. The rapid effects of metoprolol on CPT I activity during ex vivo heart perfusion suggest the importance of acute control through covalent modification. The effects of metoprolol on the expression of SERCA and ANP suggest that improvements in cardiac function and metabolism also involve parallel improvements in calcium handling and reversal of fetal gene expression.

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