Three-dimensional localization and quantification of PAF-induced gap formation in intact venular microvessels

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INCREASES IN VASCULAR PERMEABILITY occur in a variety of cardiovascular diseases and are implicated in tissue edema and organ dysfunction. Comprehensive assessments of the exchange functions of the vascular wall are critical for defining the cellular and molecular mechanisms responsible for permeability increases and disease progression. Microvascular exchange has often been assessed by measuring hydraulic conductivity (Lp) or the solute permeability coefficient, which are quantitative measures of the mean fluxes from a segment of the vessel driven by differences in pressure and solute concentration across the vascular wall (32). However, increases in vascular permeability are usually heterogeneous, and gap formation at endothelial junctions has been recognized as the main pathway leading to increased permeability (8, 9, 28). For over a decade, endothelial gaps have been mainly described either by two-dimensional localization of leakage sites via systemic injection of markers or by electron microscopic findings from very limited vessel regions (2, 23, 28, 33). There are currently no approaches available that allow a three-dimensional assessment of endothelial gap formation in intact microvessels.

The objective of this study was to develop a method that allows three-dimensional visualization and quantification of formed endothelial gaps under experimental conditions identical to those used to measure permeability coefficients, endothelial cytoplasmic calcium concentration ([Ca2+]), and nitric oxide (NO) production, thus providing an efficient means for defining the transport pathways and cellular mechanisms responsible for increased permeability in intact microvessels under inflammatory conditions. Fluorescent microspheres (FMs) were used as leakage markers, and stacks of confocal images were acquired from individually perfused rat mesenteric venules. The FM accumulation, quantified as the total fluorescence intensity per square micrometer of vessel wall, was 8.4 ± 1.8 times the control value within 10 min of PAF perfusion and declined to 5.0 ± 0.6 and 1.4 ± 0.2 times the control value when FMs were applied 30 and 60 min after PAF perfusion. The changes in the magnitude of FM accumulation closely correlated with the time course of PAF-induced increases in hydraulic conductivity (Lp), indicating that the opening and closing of endothelial gaps contributed to the transient increase in Lp in PAF-stimulated microvessels. Electron microscopic evaluations confirmed PAF-induced gap formation and FM accumulation at endothelial clefts.

hydraulic conductivity; microvessel permeability; fluorescent microspheres; confocal microscopy; endothelial gap formation

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MATERIALS AND METHODS

Animal preparation. Experiments were carried out on female Sprague-Dawley rats (2-3 mo old, 220–250 g; Hilltop Laboratory Animals, Scottsdale, PA) anesthetized with pentobarbital sodium (65 mg/kg body wt) given subcutaneously. Additional 3-mg doses were given as needed to maintain anesthesia during the experiment. All procedures and animal usage were approved by the Animal Care and Use Committee at West Virginia University. Each rat was anesthetized, the trachea was intubated, and a midline surgical incision (1.5–2 cm) was made in the abdominal wall. The mesentery was gently moved out of the abdominal cavity and spread over a pillar for measurements of $L_p$ or over a glass coverslip attached to an animal tray for the confocal microscopy studies. The animal was kept warm on a heating pad, and the upper surface of the mesentery was continuously superfused with warmed (37°C) mammalian Ringer solution. Venular microvessels with brisk blood flow and free of firmly attached leukocytes were selected for the experiments. The diameter of the selected vessels ranged between 40 and 50 μm. Each experiment was carried out on a single microvessel from each animal.

Measurement of hydraulic conductivity. All measurements were based on the modified Landis technique, which measures the volume flux of water across the microvessel wall (8). The assumptions and limitations of the original method and its application to mammalian microvessels have been evaluated in detail elsewhere (13, 21, 26).

Briefly, a single venular microvascell was cannulated with a glass micropipette and perfused with albumin-Ringer solution (control) that contained 1% (vol/vol) hamster red blood cells as markers. A hydrostatic pressure (range 40–70 cmH2O), controlled by a water manometer, was applied through the micropipette to the microvessel lumen to allow the perfusate to flow continuously through the vessel. Video images were recorded from a segment of the perfused microvessel during the experiment. For each measurement, the perfused vessel was briefly occluded downstream with a glass rod for 5–7 s. The initial water flow per unit area of microvessel wall [$J_{w}/S_{w}$, where $J_{w}$ is the water flux and $S_{w}$ is the unit area of the microvessel wall] was calculated from the velocity of the marker cell after the vessel was occluded, the vessel radius, and the length between the marker cell and the occlusion site. Microvessel $L_p$ was calculated as the slope of the relation between ($J_{w}/S_{w}$) and the pressure difference across the microvessel wall. In each experiment, baseline $L_p$ and the $L_p$ after PAF application were measured in the same vessel, which allowed the PAF-induced change to be compared with its own control. The changes in $L_p$ were expressed as the ratio of PAF-induced $L_p$ to control $L_p$ ($L_{p \text{test}}/L_{p \text{control}}$).

Confocal imaging: three-dimensional localization of PAF-induced endothelial gaps in intact microvessels. A Leica TCS SL confocal microscope attached to a single microvessel perfusion rig was used for collecting three-dimensional images from individually perfused microvessels. A stack of confocal images was obtained from each vessel by optical sectioning at successive x-y focal planes with a 0.5-μm vertical step (z-axis) through the entire vessel depth (diameter) with a Leica ×20 objective (HC Plan APO, numerical aperture 0.7), ×3 electronic zoom, and 1024 × 1024 scan format. The selected pinhole diameter (one airy disk) and the vertical step at z-axis were within the effective resolution limitations calibrated for the objective, the wavelength, and resolution format used in the Leica confocal system. Red fluorescent microspheres (FMs, 100 nm) were used to mark PAF-induced leakage sites on individually perfused microvessels. These FMs contained dyes incorporated into the polymer matrix that produced bright fluorescence with minimal photobleaching and dye leaching. The 100-nm FMs were chosen because they were large enough to be retained within the vessel wall without extravasations into the surrounding tissue (extravasations occurred after perfusion of 30-nm FMs) while small enough to fit into the smallest endothelial gaps (350 × 350 nm), according to reported studies with PAF (2). A helium-neon laser (543 nm, 1.2 mV) at 50% power was used for excitation, and the emission band was 570–630 nm. Identical image acquisition parameters were applied to all of the experiments, which provided comparable images across different experiments. The gain setting maintained the maximum fluorescence at 71–84% of the maximum intensity range for all experiments. The linearity of the system was examined with five solutions of FMs that ranged in concentration from 0.9 × 10^11 to 4.4 × 10^11 FM/ml, with instrument settings and optical sectioning procedures identical to those used for the perfused vessels. Results show a linear relationship between fluorescence intensity (FI) and FM concentration with a regression coefficient of 0.999.

The control images were acquired after each vessel was perfused with albumin-Ringer solution containing FMs (100 nm at 3.6 × 10^11/ml) for 10 min, followed by albumin-Ringer perfusion alone for 10 min to remove the free FMs from the vessel lumen. To assess the time course of PAF-induced gap formation, FMs were added to the perfusate either at the beginning of PAF perfusion or 30 and 60 min after the start of PAF perfusion. Each FM perfusion was 10 min and was followed by a 10-min washout with PAF alone before images were recorded. One stack of images was collected from each vessel at one time point during PAF exposure. To examine the reversibility of FM accumulation, two additional stacks of images were collected from six of the vessels after the FMs had been removed from the perfusate for 30 and 60 min. To investigate whether FM concentration affects PAF-induced FM accumulation, an additional two sets of experiments were conducted with concentrations of 1.8 × 10^11 or 7.2 × 10^11 FM/ml. Images presented in Figs. 2–4 and 8 are the projections of either the top half or the bottom half of the z-stack images.

Quantification of fluorescent microsphere accumulation in intact microvessels. The FI of the accumulated FMs from a segment of the vessel wall was calculated with the Leica confocal software. The region of interest (ROI) was defined by outlining the vessel boundaries. The total FI of the FMs (i.e., the intensity value of all pixels of the vessel volume) was calculated as area × depth × mean intensity per pixel, where the area is the selected ROI per section and the section is the total number of images at z dimension. Because the FMs were only located at the vessel wall, the FI was quantified as total intensity per square micrometer of vessel wall (FI/A). Assuming a cylindrical geometry, surface area of the vessel wall was calculated as $2\pi r^2$, where $r$ is the radius of the microvessel and $L$ is the length of selected ROI from the vessel. PAF-induced changes in total FI per square micrometer of vessel wall were expressed as the ratio of FI/PAF to FI/Control. Because FM aggregates with adherent leukocytes, the vessel area identified with attached leukocytes was avoided for FI calculations.

To distinguish the changes in FI at the endothelial cell surface from those at endothelial junctions, FI at the endothelial cell surface was also quantified in vessels perfused with FMs under control conditions and after PAF application. Four ROIs were randomly placed on the surface of four endothelial cells (excluding the junctional area) located at the lower half of each vessel wall, and the mean FI/pixel was calculated from all pixels of the cell volume (area of ROI × related image sections). Results are reported as the ratio of endothelial surface mean FI/pixel in PAF-stimulated vessels to that in the control vessels.

Silver staining of endothelial junctions in venular microvessels. Vascular microvessels were cannulated and perfused with silver nitrate (0.1 g/100 ml) in aqueous solution for 10–20 s and then reperfused with albumin-Ringer perfusate to delineate the endothelial junctions. To prevent blockage of the pipette tip by silver (in the perfusate) and chloride (in the tissue from the superfusate) precipitation during the cannulation process, the tissue was washed with 5% glucose before the cannulation. Confocal reflectance images (488-nm argon laser excitation) were collected at successive focal planes throughout the entire vessel wall. z-Stack images were reconstructed to delineate the endothelial junctions in the vessel wall. Details have been described elsewhere (17).
Electron microscopy. The location of PAF-induced FM accumulation was further examined with electron microscopy. Experimental procedures identical to those described for the confocal studies were conducted before fixation was started. After removal of the perfused FMs from either control or PAF-stimulated microvessels, the upper surface of the mesentery was superfused with a fixative solution of 1% paraformaldehyde, 1.25% glutaraldehyde, and 5% sucrose in 0.1 M phosphate buffer (pH 7.4) for 20 min. After fixation, a small panel of mesentery that contained the perfused microvessel was dissected and placed in the same fixative at 4°C overnight. The specimens were then rinsed in 0.1 M phosphate buffer and permeabilized with 50% ethanol in H2O. The samples were postfixed in osmium tetroxide (1%), dehydrated in a graded ethanol series, transferred into propylene oxide, and embedded in epon (Ladd LX112). Thin sections were stained with alcoholic uranyl acetate and Reynolds citrate. Photomicrographs (magnification ×32,400) were taken on a JEOL 1220 transmission electron microscope.

Solutions and reagents. Mammalian Ringer solution was used for disseciting mesenteries, superfusing tissue, and preparing the perfusion solution (21). The composition of the mammalian Ringer solution was (in mM) 132 NaCl, 4.6 KCl, 2 CaCl2, 1.2 MgSO4, 5.5 glucose, 5.0 NaHCO3, 20 N-2-hydroxyethylpiperazine-N’-2-ethanesulfonic acid (HEPES), and Na-HEPES. The pH of the Ringer solution was maintained at 7.40 –7.45 by adjusting the ratio of Na-HEPES to HEPES. All perfusates used for control and test perfusion contained BSA (10 mg/ml).

PAF (1-O-alkyl-1,2-acetyl-sn-glycero-3-phosphocholine) (Sigma, St. Louis, MO) was initially dissolved in 95% ethyl alcohol (5 mM) and then further diluted with albumin-Ringer solution to a final concentration of 10 nM. 8-Br-cAMP (8-bromo-cAMP sodium salt) was purchased from Sigma. The FMs were purchased from Duke Scientific (Palo Alto, CA). The microspheres are made of polystyrene and are monodisperse polymer microspheres suspended in aqueous solution at a concentration of 1.8 × 10^8/ml. The coefficient of variation for the size of the 100-nm FMs was <10%. The FM suspension was diluted to the desired concentration of FMs with albumin-Ringer solution, and fluorescence imaging confirmed no FM aggregation in the solution. All perfusates that contained the test agent were freshly prepared before each cannulation.

Data analysis and statistics. All values listed in the text are means ± SE, except where noted. Paired t-tests were used to analyze the mean values obtained before and after stimulation from the same vesse. Unpaired t-tests and one-way ANOVA were used to compare data between groups. A probability value of P < 0.05 was considered statistically significant.

RESULTS

Time course of PAF-induced increases in microvessel Lp. To demonstrate the magnitude and time course of PAF-induced permeability increases in intact microvessels, Lp was measured in nine venular microvessels. The mean baseline was 1.3 ± 0.2 × 10^{-7} cm/s cmH2O^{-1}. Application of PAF (10 nM) to the perfusate induced a transient increase in Lp in each vessel. Figure 1 shows the time course of PAF-induced increases in Lp pooled from nine vessels. The maximum increase occurred when the vessels were exposed to PAF for 10 min, with a mean peak value at 7.4 ± 1.1 times that of the control. The increased Lp fell to 3.6 ± 0.9 and 2.0 ± 0.3 times the control value at 30 and 60 min, respectively, after the start of PAF perfusion.

Three-dimensional localization of PAF-induced endothelial gaps in intact venular microvessels. FMs were used to perfuse individual microvessels under control conditions or during PAF application. The spatial accumulation of FMs in the vessel wall was three-dimensionally visualized by reconstruction of a stock of confocal images. No increases in FI were detected in the surrounding tissue during the FM perfusion period in either control or PAF-stimulated vessels, indicating that no FMs extravasated across the vessel wall. The accumulation of FMs under control conditions (albumin-Ringer perfusion) was studied in five microvessels. After each vessel was perfused with albumin-Ringer perfusate containing FMs for 10 min, followed by a 10-min washout to remove free FMs from the vessel lumen, the reconstructed confocal images demonstrated a uniform, thin layer of FMs at the surface of the vessel lumen. Figure 2, left, shows a representative image projected from the lower half of the image stack from one of the control microvessels. PAF-induced FM accumulation was studied in six microvessels. In contrast to the uniform distribution of FMs under control conditions, perfusion of FMs with PAF for 10 min, followed by a 10-min washout with PAF alone, resulted in a significant amount of preferential accumulation of FMs at vascular walls. Figure 2, center and right, show representative images from one of the six microvessels, which are the projections of the lower and upper half of the image stack, respectively. As shown by the patterns of endothelial junctions illustrated by the silver nitrite staining (Fig. 3), the FM accumulation showed a near-complete outline of endothelial junctions in PAF-stimulated microvessels. An animated three-dimensional confocal image is provided as an online supplement (Supplemental Video S1).1

To investigate the time course of PAF-induced gap formation, two additional groups of experiments were conducted in eight microvessels. In each experiment, FMs were added to the perfusate at 30 (n = 4) or 60 (n = 4) min after the start of PAF perfusion. The confocal images were collected after a 10-min perfusion of PAF alone. Figure 4 shows three representative images projected from the lower-half image stacks illustrating the spatial accumulation of FMs at 10, 30, and 60 min after the start of PAF perfusion.

Quantification of PAF-induced FM accumulation in intact venular microvessels. To quantify the magnitude of PAF-induced accumulation of FMs, the total FI (area × depth × mean intensity/pixel) per square micrometer of vessel wall was

1 The online version of this article contains supplemental material.
calculated from each image stack collected from control microvessels and from PAF-stimulated microvessels, where the FMs were added at different times after the start of PAF perfusion. Figure 5A shows the time course of the FI calculated from the accumulated FMs and presented as the ratio of FI to A in PAF-stimulated vessels relative to that of the control vessels. FI/A was 8.4 ± 1.8 within the first 10 min of PAF plus FM perfusion (n = 6) and declined to 5.0 ± 0.6 (n = 4) and 1.4 ± 0.2 (n = 4) when FMs were added to the perfusate at 30 and 60 min after the start of PAF application, respectively.

Figure 5B demonstrates that the PAF-induced increases in FI were not caused by the increased FM adherence to the surface of the vessel wall. FI measured on the surface of endothelial cells (excluding the junctional area) showed no significant differences among the four groups of vessels shown in Fig. 5A. Figure 5C shows the correlation between the magnitude of FM accumulation quantified at three different time points after the start of PAF perfusion and the time course of PAF-induced Lp increases.

Further characterization of FM accumulation in PAF-stimulated microvessels. To test whether the magnitude of PAF-induced accumulation of FMs depends on the concentration of FMs in the perfusate, experiments were conducted on an additional 11 vessels, using either half or double (1.8 × 10^{11} or 7.2 × 10^{11} FMs/ml) the concentration of FMs applied in previous experiments (see Fig. 5), while the remaining experimental procedures and image acquisition settings were unchanged. Results showed no significant differences in PAF-induced accumulation of FMs with three different FM concentrations when the FMs were added at the beginning of PAF perfusion for 10 min and the images were collected after a 10-min washout with PAF perfusion alone (Fig. 6). The reversibility of the FM accumulation was examined in the same six microvessels reported in Fig. 5A (2nd bar). After the first stack of images was collected after a 10-min washout with PAF alone, each vessel was continuously perfused with PAF and an additional two stacks of images were collected from different regions on each vessel after 30- and 60-min washouts, respectively. Results shown in Fig. 6 indicate that the accumulated FMs could not easily be washed away, even with an extended washout perfusion. Repeated collection of images from the same vessel segments also showed no significant difference in the total intensity of the accumulated FMs, indicating that photobleaching is minimal or negligible under the present experimental conditions.

Electron microscopy. To confirm PAF-induced endothelial gap formation and the junctional accumulation of the FMs at an ultrastructural level, electron microscopy was conducted under...
Experimental conditions identical to those used for collecting the confocal images. Figure 7 illustrates a normal endothelial cleft on an albumin-Ringer-perfused vessel (Fig. 7, top) and FM accumulation after the vessel was perfused with FMs plus PAF for 10 min, followed by PAF alone during fixation. Although the precise junctional or near-junctional location needs to be confirmed with serial sections, this micrograph confirms the findings of the confocal microscopic studies showing that FMs accumulated at the endothelial junctional areas. The electron micrograph also reveals that each gap was fully occupied by FMs. Therefore, the amount of entrapped FMs enabled them to represent the three-dimensional size of the formed gaps. Additionally, this micrograph illustrates that the basement membrane underneath the open cleft remained intact, which restricted the entrapped FMs from extravasations under the present experimental conditions.

Effect of 8-BrcAMP on PAF-induced endothelial gap formation. We previously demonstrated (19, 20) that perfusion of microvessels with 8-BrcAMP prevented agonist-induced increases in microvessel $L_p$. Experiments were conducted in six microvessels to evaluate whether the inhibitory effect of 8-BrcAMP on microvessel permeability was due to the inhibition of endothelial gap formation. In four of the microvessels, confocal images were collected after perfusion with albumin-Ringer solution (control, top) or PAF + FMs (bottom). Top: an intact endothelial junction from a microvessel perfused with albumin-Ringer solution. Bottom: PAF-induced endothelial gap formation and junctional accumulation of FMs. FM accumulation is indicated by single arrows with solid line. The arrow with a dotted line indicates the intact basement membrane underneath the gaps. The double arrow indicates the increased space between an endothelial cell and a pericyte.
Ringer perfusate containing 8-BrcAMP (2 mM) for 20 min followed by 8-BrcAMP, PAF (10 nM), and FM perfusion for 10 min and a 10-min washout with PAF alone. The application of 8-BrcAMP significantly inhibited PAF-induced FM accumulation. Figure 8A, left, shows one of the representative images. In another two microvessels, we examined whether the inhibitory effect of 8-BrcAMP on PAF-induced gap formation can be restored after 8-BrcAMP is washed out. The perfusions of 8-BrcAMP and 8-BrcAMP plus PAF were the same as those used for the other four vessels, except that the FMs were not added during the first PAF addition. Each vessel was then perfused with albumin-Ringer solution for 30 min to wash out 8-BrcAMP and PAF before PAF and FM perfusion for 10 min. The images collected after 10-min FM washout with PAF alone demonstrate a partial restoration of PAF-induced endothelial gap formation (Fig. 8A, right). The ratio of the mean FI/A in 8-BrcAMP- and PAF-perfused vessels to that of the control was 0.7 ± 0.2. After removal of 8-BrcAMP and PAF, the mean FI/A of the second PAF administration was 2.6 ± 0.1 times the control value and 3.7 ± 0.1 times the value in vessels perfused with 8-BrcAMP and PAF. The changes in FI/A relative to control values are summarized in Fig. 8B.

DISCUSSION

This study presents a new experimental approach that allows three-dimensional visualization and quantification of agonist-induced gap formation on intact microvessels using combined single vessel perfusion technique with fluorescence confocal microscopy. One of the unique features of this method is that the entrapped FMs at open endothelial clefts represented the maximum dimensions of the gaps during the FM perfusion period, thus allowing a quantitative evaluation of the magnitude of the endothelial gaps formed on the vascular wall. By adding FMs to the perfusate at different times after the start of agonist application, this technique also allowed a dynamic assessment of gap status on stimulated microvessels. More importantly, the experimental procedures used to illustrate endothelial gaps were identical to those used to measure permeability coefficients, endothelial [Ca^{2+}], and NO production in individually perfused microvessels (42). Therefore, quantitative comparisons can be made between the magnitude of the formed endothelial gaps and functional measurements of the permeability properties of the vascular walls, thereby allowing the identification of transport pathways and cellular mechanisms responsible for increased permeability. The technique also provides a means for spatial correlation between the cellular signaling and endothelial gap formation in stimulated vascular walls. The temporal and spatial visualization of endothelial gaps is a complement to the quantitative measurements of permeability coefficients in individually perfused microvessels.

Using this newly developed technique, our study demonstrated a close relationship between the dynamic changes in the magnitude of the formed endothelial gaps and the transient increase in microvessel $L_p$. Electron microscopy conducted on vessels that experienced the same experimental procedures revealed that FMs in PAF-stimulated microvessels fully occupied the open clefts and were retained by the intact basement membrane, thus providing ultrastructural evidence that the amount of accumulated FMs enables them to represent the dimensions of the open endothelial clefts under defined experimental conditions.

Unique features of using FMs and confocal microscopy to illustrate temporal and spatial formation of endothelial gaps in individually perfused intact microvessels. In individually perfused microvessels, changes in permeability properties of the microvascular walls are usually measured in the absence of blood by either $L_p$ or solute permeability coefficient (13, 25, 26, 41). Even though the perfused vessel may not be completely equivalent to the vessel in its “resting state” because of the minor surgery procedure and protein composition differences in the perfusate, measurements from individually perfused vessels usually provide the most quantitative assessments of the transport function of the vascular walls in vivo because...
of their known driving force, surface area for exchange, and precisely controlled perfusion pressure. However, the reported values are the total net fluxes divided by the surface area of the vessel wall. They cannot characterize the spatial heterogeneity of the leakage sites or identify transport pathways.

For decades, gap formation between endothelial cells has been indicated as the main transport pathway responsible for increased permeability to fluid and macromolecules during inflammation (8–10, 16, 28, 36, 37). The documented evidence was mainly obtained from ultrastructural studies using combined carbon tracer and electron microscopy, which provided quantitative comparisons among transport functions, the dimensions of the formed gaps, and other ultrastructural changes (8). However, because of the limited region of each micrograph, the work was very time consuming, and it was almost impossible to provide a general picture of the structural changes that occurred along the entire vessel segment, for which the permeability coefficients are usually measured. Therefore, mathematical modeling was usually used to estimate the number and size of the formed pores under different permeability states (7, 11, 27, 28, 32, 34–36). Other commonly used methods to assess the magnitude of the permeability increase and the size of the formed gaps were counting the number of large leaky sites at a defined area in a vascular bed with systemically injected fluorescent markers (24, 31, 32, 37). These studies were usually conducted in the presence of blood flow, representing a normal pathophysiological reaction, and significantly contributed to the understanding of the transport process during inflammation but had limited capacity for dissecting the roles of individual components and investigating detailed cellular mechanisms. The two-dimensional analysis of three-dimensional leakage sites, the uncertainties of hemodynamic factors, and the unknown surface area for transport are also concerns. A recent study by Baffert et al. (3) established a confocal microscopic approach to identify the endothelial gaps in mice tracheal vessels via sequential injections of agonist and FMs into the venular circulation, followed by intravascular tissue fixation. The present study extended that technique and directly applied the agonist and FMs to individual microvessels. The reconstructed confocal images provide a three-dimensional view of leakage sites on intact microvessels.

Innovative Methodology

PAF-induced junctional accumulation of FMs serves as quantiative measure of magnitude of endothelial gaps in intact microvessels. This technique was developed to provide a three-dimensional view of leakage sites on intact microvessels and is an advancement over existing methodologies. One question that remains is whether or not FM accumulation at leakage sites can be used to quantify the magnitude of the endothelial gaps. The unique physical properties of the FMs make them excellent tracers for quantitative fluorescence microscopy. First, the fluorescent dye is incorporated into the polymer matrix of the microspheres, which has minimal photobleaching and dye leaching. Second, FMs have uniform dimensions and do not aggregate in aqueous solutions. They are also available in a variety of sizes, which enables the investigation of different molecular sieving properties of each barrier on the microvessel walls. The reported size of PAF-induced endothelial gaps ranges between 350 × 350 nm and 1,000 × 600 nm (2). The use of 100-nm FMs might be optimal for PAF- or other inflammatory mediator-induced gaps, because they are large enough to be retained within the vessel wall while being small enough to fit into the smallest endothelial gaps at peak responses. However, for more subtle changes or smaller-sized gaps, smaller FMs might provide a higher sensitivity, as long as they can be retained by the basement membrane. Additionally, FMs can be identified by electron microscopy, which enables ultrastructural registration of FMs that appear in the fluorescence images.

In the present study, the results of fluorescence microscopy demonstrated that the 100-nm FMs were not extravasated from either control or PAF-stimulated microvessels and PAF-induced FM accumulation at the vessel wall was mainly at endothelial junctions. This correlated with the pattern of silver staining from confocal images and was confirmed ultrastructurally by electron microscopy. Results of the present study also revealed that the amount of PAF-induced accumulation of
PAF-induced endothelial gap formation in intact microvessels

FM accumulation were examined in different groups of ves-
sels, but with identical experimental preparations. Results
suggest that as long as the amount of FMs in the perfusate is
sufficient to fill the open clefts, excess FMs are removed by
the washout perfusion and do not affect the magnitude of the FM
accumulation. Therefore, the amount of accumulated FMs is
dependent on the dimensions of the intercellular gaps and
independent of the concentration of FMs in the perfusate, at
least within the concentration range tested in the present study.
Extending the duration of the washout perfusion from 10 min
to 30 and 60 min also did not significantly affect the FI of the
accumulated FMs. These findings suggest that the FMs entrap-
at open clefts were not easily washed away and that the presence
of the FMs actually locked the gap at a particular size and
prevented its closure.

Together, these results indicate that in PAF-stimulated mi-
crovessels the total FI of the accumulated FMs from the entire
z-stack image enabled them to represent the total volume of the
formed gaps on that segment of the vessel wall. However,
overestimation or underestimation may occur if the FMs attach
to any adherent blood cells or leak into the endothelial/pericyte
space or surrounding tissues.

Direct comparisons of magnitude of gap formation with
magnitude of permeability increase. It is well known that most
inflammatory mediators, such as histamine, bradykinin, sub-
stance P, and PAF, induce transient increases in microvessel
permeability, i.e., the increased permeability recovers even in
the continuous presence of the agonist (2, 5, 18, 22, 27, 38, 39).
Although the mechanisms responsible for the recovery phase
remain unidentified, the endothelial gaps have been considered
the principal sites for the onset of plasma leakage or the
hydraulic pathway through the vascular walls (8, 12, 14, 24,
28, 30, 32, 36, 37). Recently, different approaches have been
developed by McDonald and colleagues (5, 29) to demonstrate
the presence of endothelial gaps and correlative vascular leakage
on stimulated microvasculature of rat or mouse trachea after
fixation. In substance P-stimulated venules from the rat trachea
a transient time course for the formation and closure of endo-
thelial gaps was reported, but it was found that the amount of
extravasated Monastral blue was decreased before gap closure.
This discrepancy was explained by the possibility of a decrease
in the driving force for the convective movement of the tracer
(29). In our present study, considering the potential interfer-
e of the entrapped FMs at endothelial gaps with the sub-
sequent solute and fluid transport, the measurements of \( L_p \)
and FM accumulation were examined in different groups of ves-
sels, but with identical experimental preparations. Results
showed that both the mean peak \( L_p \) and the maximum FM
accumulation occurred within 10 min of the start of PAF
perfusion. Up to 30 min after the start of PAF exposure, \( L_p \)
and FM accumulation declined at a similar magnitude toward the
control level as indicated in Fig. 5B. A slight difference
occurred after 60 min of PAF perfusion, in that the FM
accumulation was not significantly different from the control
group \((P = 0.07)\) but \( L_p \) remained slightly higher than the
control value \((P < 0.05)\). This can be attributed to a reduction
in the endothelial gap sizes that restricted FM filtration at 100
nm but remained sufficient for a small degree of elevated \( L_p \).
Although gap opening and closing has been reported in mi-
crovessels exposed to inflammatory agents, such as bradykinin
or substance P, the present results are the first to demonstrate
that opening and closing of endothelial gaps also occurred with
a PAF-induced increase in permeability.

The correlation between changes in the magnitude of FM
accumulation and changes in the magnitude of the \( L_p \) increase
indicated that PAF-induced endothelial gap formation and
subsequent closure play a dominant role in determining the
magnitude of the \( L_p \) increase. However, this finding does not
conclude that the endothelial cells are the sole barrier for fluid
and solute transport. Some previous studies revealed that if
fluid filtration is proportional to the third power of the width
of the cleft (Poiseuille’s law for a parallel-walled slit), the change
in \( L_p \) should be at a much larger magnitude than what has
previously been reported. The calculation was based on the
assumption that 1 out of 5 or 6 intercellular junctions per
circumference becomes a gap 10 times wider than a normal
cleft at its widest point (8). Confocal images of the present
study actually indicated a higher percentage of open clefts in
PAF-stimulated microvessels than the predicted ratio of 1 to 5
or 6, but the mean increase in the peak \( L_p \) was only 7.4 times
the control value. These results further support the existence of
multiple barriers for fluid and solute transport in the venular
microvessel wall. Our results indicated that the open endo-
thelial clefts are essential in determining the fluid and solute
transport, assuming that the other vascular structures remained
relatively intact. In addition to the endothelial barrier, other
structures in the vessel wall, such as fiber matrix, basement
membrane, and pericyte layer, may also provide significant
resistance for fluid and solute transport (8, 9, 12, 32). The
electron micrographs (Fig. 7) demonstrate an area with in-
creased space between the endothelial cells and pericytes, an
indication of accumulated fluid in that space, which must be
the result of additional resistance provided by the pericyte
layer.

Currently, the mechanisms that cause the formation and
closure of gaps remain poorly understood. Most in vitro studies
have indicated that gap formation is regulated by the balance of
competing contractile and adhesive forces that modulate cell
shape (15). A variety of signaling cascades have been proposed
to regulate these mechanisms (15, 31), but most studies were
conducted in vitro and have not been validated in vivo (31, 32).
Previous work from this laboratory (42) demonstrated that
microvessels exposed to PAF transiently increased endothelial
[Ca\(^{2+}\)] and that calcium-dependent increased NO produc-
tion via endothelial nitric oxide synthase activation is necessary for
increased \( L_p \). Whether these signaling pathways directly con-
tribute to the formation of endothelial gaps remains unknown.
The experimental approach presented here provides an efficient
tool to allow a direct correlation between gap formation and
cellular signaling in intact microvessels.

Limitations of the method. As stated above, the combination
of confocal microscopy and FM to visualize and quantify the
formed endothelial gaps is a very useful tool for investigating
the cellular mechanisms of increased microvessel permeability
in individually perfused microvessels. However, we under-
stand that the perfused microvessels in the absence of blood are
different to certain degrees from their native states. It should
not be overlooked that, in the presence of blood, the mediators
released from the activated cells and leukocyte/platelet/endo-
thelium interactions are essential for endothelial cell activation.
and gap formation during inflammation. Because FMs have the tendency to attach to the adherent leukocytes, especially leukocytes often preferentially adhere at endothelial junctions (40); thus the FM accumulation at vascular walls, if injected into the bloodstream, may not accurately represent leukocyte/platelet/endothelium interaction-induced endothelial gap formation in the whole vascular beds.

REFERENCES


