Cardiovascular effects of prorenin blockade in genetically spontaneously hypertensive rats on normal and high-salt diet

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Submitted 16 January 2008; accepted in final form 8 July 2008

Susic D, Zhou X, Frohlich ED, Lippton H, Knight M. Cardiovascular effects of prorenin blockade in genetically spontaneously hypertensive rats on normal and high-salt diet. Am J Physiol Heart Circ Physiol 295: H1117–H1121, 2008. First published July 11, 2008; doi:10.1152/ajpheart.00055.2008.—Recent reports have demonstrated a potential role of tissue prorenin in the pathogenesis of cardiovascular and renal damage. This study was designed to examine the role of prorenin in the pathogenesis of target organ damage in spontaneously hypertensive rats (SHRs), the best naturally occurring experimental model of essential hypertension. To this end, we studied 20-wk-old male SHRs receiving a normal diet and 8-wk-old male SHRs given food with 8% NaCl. One-half the rats in each group were given prorenin inhibitor (PRAM-1, 0.1 mg·kg−1·day−1) via osmotic minipumps; the other half served as controls. Arterial pressure, left ventricular function, cardiovascular mass indexes, cardiac fibrosis, and renal function were examined at the end of the experiment. Arterial pressure was unaffected by PRAM-1 in rats on either regular or salt-excess diets. In those rats receiving a normal diet, the blockade of prorenin activation consistently reduced left ventricular mass but affected no other variable. Salt-loaded rats given PRAM-1 for 8 wk demonstrated (1) reduced serum creatinine level, (2) decreased left ventricular mass, (3) improved left ventricular function, and (4) reduced left ventricular fibrosis. These data demonstrated that the blockade of nonproteolytic activation of prorenin exerted significant cardiovascular and renal benefit in SHRs with cardiovascular damage produced by salt excess and suggested that the activation of cardiovascular or renal prorenin may be a major mechanism that mediates cardiac and renal damage in this form of accelerated hypertension.

renin; prorenin inhibitor; proteinuria; left ventricular function; myocardial fibrosis

RENIN HAS LONG BEEN SUGGESTED to exert its action independent of the classical circulating renin-angiotensin system (RAS), whereby the formation of angiotensin II in circulating blood is a crucial event in its mechanism of adverse actions (5). It is now well established that angiotensin II is also formed locally, in various tissues, thereby exerting its actions independent of circulating RAS (2, 13, 18). Furthermore, three distinct renin receptors on various cells are known to exist (15). In addition to renin, all three receptors also bind prorenin, the inactive precursor of renin that is enzymatically transformed into the active form, “mature” renin, by cleavage of a 43-amino acid segment from the amino terminus, a process exclusively confined to the cells of juxtaglomerular apparatus (15). Prorenin is not only formed in kidney but also by other tissues, and its plasma concentration in normal subjects is about ten times higher than renin (16). This high plasma prorenin level suggests that it may have physiological effects, but its functional significance has yet to be determined. It has been suggested that plasma prorenin may be used as a marker of microvascular complications of diabetes, although not the most reliable one (11). The newly described prorenin receptors provide a possible mechanism for the functional role of prorenin. When the “handle region” of prorenin is bound to a putative specific receptor, it changes its conformation to become enzymatically active, comparable with the activity of renin (7, 15). In addition, the interaction of both renin and prorenin with the receptors triggers intracellular signaling that activates protein kinases and may ultimately lead to fibrosis independent of circulating RAS (7, 15). A recent publication on kinase activation in monocytes indicates that prorenin- and renin-induced activation of kinase is independent of angiotensin II (3).

The synthetic handle region peptide that binds to the prorenin receptor, thereby competitively inhibiting prorenin binding and consequently preventing angiotensin generation and RAS-independent intracellular signaling by prorenin, has been synthesized (7). It has also been reported that this synthetic peptide binds to (pro)renin receptor and inhibits prorenin activation (17). This peptide has also been used in several recent studies that demonstrate a potential role of prorenin in the pathogenesis of diabetes mellitus and hypertension (6, 8, 9). Thus, in rats with streptozotocin-induced diabetes, the administration of the handle region peptide prevented the development of nephropathy and proteinuria (6). Similarly, in diabetic mice with angiotensin II type 1a receptor deficiency, the treatment with the handle region peptide prevented the development of glomerulosclerosis by abolishing the increased mitogen-activated protein kinase activation (9). Furthermore, in the salt-loaded stroke-prone spontaneously hypertensive rat (SHR), 8-wk treatment with the prorenin inhibitor decreased cardiac angiotensin II levels and attenuated the development and progression of cardiac fibrosis without affecting elements of circulating RAS or arterial pressure (8). This study was designed to examine the role of prorenin in the pathogenesis of cardiovascular damage in SHRs, the best existing naturally occurring experimental model of essential hypertension.

MATERIALS AND METHODS

Experimental animals. Male SHRs, purchased from Harlan (Indianapolis, IN), were maintained in a temperature and humidity-controlled room with a 12-h:12-h light-dark cycle. All rats were handled in accordance with National Institutes of Health guidelines, and our

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Prorenin inhibitor (PRAM-1, 0.1 mg with osmotic minipumps (model 2ML4 for 28 days; Alzet) containing
study was repeated in an experimental model with cardiovascular and
mass indexes were determined at the fourth week of treatment. The
pure with the correct molecular weight by mass spectrometry. Sys-
was determined (expressed as mg/g of dry wt) (21, 22).

collagen content, hydroxyproline concentration in the LV samples
kidneys were removed and weighed. As an estimate of ventricular
PE-50) for determination of systemic, coronary, and renal hemody-
a jugular vein and LV were cannulated with polyethylene catheters
method) excretions were determined.

Twenty-four-hour urinary measurements. During the last week of
treatment, all rats were placed in individual metabolic cages for 3
consecutive days. Urine was collected during the second and third
day; urinary output was measured and 24-h urinary protein (Lowry
method) excretions were determined.

Systemic and regional hemodynamics and LV function. At the end
of the study, all rats were anesthetized with pentobarbital sodium (40
mg/kg ip), and the right carotid artery was cannulated with a trans-
ducer-tip catheter (Micro-Tip 3F, Millar Instruments) that was ad-
vanced into the LV. A second catheter (PE-50) was placed into femoral artery. Both catheters were connected to a multichannel
recorder (Grass Instrument) interfaced to an IBM computer with
digital data acquisition system (EMKA Technologies) (24). Arterial pressure was measured via femoral artery catheter, and the indexes of
LV function, including LV end-diastolic pressure, diastolic time constant (τ), and maximal rates of pressure rise and decline (dP/dtmax
and dP/dtmin), were determined from LV pressure tracing. After these
measurements were obtained, the Millar catheter was withdrawn and
a jugular vein and LV were cannulated with polyethylene catheters
(PE-50) for determination of systematic, coronary, and renal hemody-
amics (using radiolabeled microspheres) as described previously (21,
22). After the regional hemodynamic study, rats were euthanized with
an overdose of pentobarbital sodium, and their heart, aorta, and kidneys were removed and weighed. As an estimate of ventricular
collagen content, hydroxyproline concentration in the LV samples
was determined (expressed as mg/g of dry wt) (21, 22).

Statistical analysis. All values are expressed as means ± SE. Data
were analyzed by unpaired t-test (1). A value of P < 0.05 was
considered to be of statistical significance.

RESULTS

The administration of the prorenin inhibitor consistently
decreased LV mass in SHRs on the normal salt diet but
affected no other examined variables including arterial pres-
sure, cardiac output, total peripheral resistance, LV function,
and the blood flow and vascular resistance of brain, kidney, and
heart (Table 1).

In salt-loaded SHRs given vehicle, three rats developed
heart failure (labored breathing, pulmonary edema, and
increased LV end-diastolic pressure) and one rat developed signs
of stroke. In salt-loaded rats given PRAM-1, only one rat
developed heart failure. The data obtained from these rats were
excluded.

Body weight was lower in salt-loaded SHRs given vehicle
than in PRAM-1-treated rats (278 ± 10 vs. 310 ± 8 g; P < 0.05).
No differences in arterial pressure and heart rate were
observed between the two groups of salt-loaded rats (Fig. 2).
Furthermore, no difference in right ventricular mass index was
observed between the two groups, but LV mass index, LV hy-
droxyproline concentration, and kidney mass index were lower

Table 1. Cardiovascular effects of short-term treatment with PRAM-1 (4 wk) in spontaneously hypertensive rats on normal salt diet

<table>
<thead>
<tr>
<th></th>
<th>Control</th>
<th>PRAM-1</th>
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<tbody>
<tr>
<td>Mass indexes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Body weight, g</td>
<td>424 ± 6</td>
<td>444 ± 8</td>
</tr>
<tr>
<td>Left ventricular weight index, mg/g</td>
<td>2.81 ± 0.04</td>
<td>2.59 ± 0.03*</td>
</tr>
<tr>
<td>Right ventricular weight index, mg/g</td>
<td>0.60 ± 0.02</td>
<td>0.57 ± 0.02</td>
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<tr>
<td>Aortic weight index, mg/mn</td>
<td>1.46 ± 0.04</td>
<td>1.36 ± 0.04</td>
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<tr>
<td>Systemic hemodynamics</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Systolic pressure, mmHg</td>
<td>253 ± 6</td>
<td>231 ± 11</td>
</tr>
<tr>
<td>Diastolic pressure, mmHg</td>
<td>183 ± 4</td>
<td>162 ± 9</td>
</tr>
<tr>
<td>Mean pressure, mmHg</td>
<td>208 ± 7</td>
<td>189 ± 3</td>
</tr>
<tr>
<td>Heart rate, beats/min</td>
<td>409 ± 7</td>
<td>396 ± 12</td>
</tr>
<tr>
<td>Cardiac index, ml−min−1·kg−1</td>
<td>156 ± 3</td>
<td>164 ± 13</td>
</tr>
<tr>
<td>Total peripheral resistance, mmHg·ml−min−1·100 g body wt−1</td>
<td>1.34 ± 0.05</td>
<td>1.19 ± 0.03</td>
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<tr>
<td>Kidneys</td>
<td></td>
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<tr>
<td>Blood flow, ml−min−1·g−1</td>
<td>4.59 ± 0.31</td>
<td>5.08 ± 0.27</td>
</tr>
<tr>
<td>Vascular resistance, mmHg·ml−1·min−1·100 g body wt−1</td>
<td>47.3 ± 5.8</td>
<td>37.8 ± 2.6</td>
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<tr>
<td>Brain</td>
<td></td>
<td></td>
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<tr>
<td>Blood flow, ml−min−1·g−1</td>
<td>0.832 ± 0.090</td>
<td>0.871 ± 0.043</td>
</tr>
<tr>
<td>Vascular resistance, mmHg·ml−1·min−1·100 g body wt−1</td>
<td>262 ± 23</td>
<td>237 ± 35</td>
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<tr>
<td>Left ventricle</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blood flow, ml−min−1·g−1</td>
<td>4.26 ± 0.18</td>
<td>4.48 ± 0.33</td>
</tr>
<tr>
<td>Vascular resistance, mmHg·ml−1·min−1·100 g body wt−1</td>
<td>49.4 ± 2.9</td>
<td>43.7 ± 2.45</td>
</tr>
<tr>
<td>Minimal vascular resistance, mmHg·ml−1·min−1·100 g body wt−1</td>
<td>16.0 ± 0.5</td>
<td>14.4 ± 0.6</td>
</tr>
<tr>
<td>Flow reserve, ml−min−1·g−1</td>
<td>2.01 ± 0.42</td>
<td>2.76 ± 0.66</td>
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<tr>
<td>Left ventricular function</td>
<td></td>
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<tr>
<td>End-diastolic pressure, mmHg</td>
<td>−1.28 ± 0.89</td>
<td>−2.68 ± 0.86</td>
</tr>
<tr>
<td>Maximal rate of pressure rise, mmHg/s</td>
<td>10,842 ± 470</td>
<td>10,346 ± 734</td>
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<tr>
<td>Maximal rate of pressure decline, mmHg/s</td>
<td>−8,516 ± 627</td>
<td>−8,047 ± 324</td>
</tr>
<tr>
<td>Diastolic time constant, ms</td>
<td>11.15 ± 0.35</td>
<td>9.44 ± 0.73</td>
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Values are means ± SE; 12 animals/group. *P < 0.05.
in the salt-loaded rats given PRAM-1 than in these rats given vehicle (Fig. 3), indicating the reduced LV and renal mass as well as diminished myocardial fibrosis. When compared with controls, salt-overloaded rats given PRAM-1 demonstrated (after 8 wk of treatment) improved renal function as indicated by a slight, but not significant, decrease in urinary protein excretion and a significant decrease in serum creatinine level (Fig. 4). When compared with their controls, LV diastolic function was improved in the salt-loaded rats given PRAM-1, as indicated by a decreased diastolic time constant and improved maximal rate of pressure decline (−dP/dt) (Fig. 5). There was no difference in LV end-diastolic pressure between the groups (Fig. 5). Finally, maximal rate of pressure rise, as an index of systolic function, was somewhat increased (but not statistically so) in the salt-loaded PRAM-1 rats.

**DISCUSSION**

These data demonstrated that the blockade of nonenzymatic prorenin activation did not affect systemic hemodynamics but consistently reduced LV mass in SHRs on normal salt diets. These findings are in agreement with previous findings in stroke-prone SHRs (8). However, we did not demonstrate any effect of prorenin blockade on myocardial collagen content, LV function, and coronary and renal hemodynamics in rats not salt-loaded. This lack of effects does not seem to be a consequence of a relatively short treatment period, since we have shown previously that 3-wk treatment of young adult SHRs with angiotensin II type 1 (AT1) receptor antagonists (10) effectively reduced LV mass and fibrosis and improved coronary hemodynamics.

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**Fig. 2.** Systolic (SAP), diastolic (DAP), and mean (MAP) arterial pressure and heart rate (HR) in spontaneously hypertensive rats (SHRs) given salt overload for 8 wk and treated with either prorenin inhibitor (PRAM-1) or vehicle. Values are means ± SE (9 animals in vehicle group and 11 rats in PRAM-1 group).

**Fig. 3.** Right (RVMI) and left (LVMI) ventricular mass indexes, left ventricular hydroxyproline (LVHy) in SHRs given salt overload for 8 wk and treated with either prorenin inhibitor (PRAM-1) or vehicle. KMI, kidney mass index. Values are means ± SE (9 animals in vehicle group and 11 rats in PRAM-1 group). *P < 0.05.
The present results further demonstrated that the blockade of prorenin exerted significant beneficial cardiovascular and renal effects in salt-loaded SHRs. Thus these rats given prorenin inhibitor demonstrated substantial reductions in LV mass and myocardial fibrosis. Furthermore, our results demonstrated, for the first time, significant improvements in LV and renal functions without changing arterial pressure in salt-loaded SHR given prorenin inhibitor. These findings confirm and further extend the earlier observations that the administration of the handle peptide prevented myocardial fibrosis in stroke-prone SHRs without affecting arterial pressure and circulating elements of the RAS (8). However, in contrast, the results of a recent study indicate that blockade of (pro)renin receptor does not improve target organ damage in rats with renovascular hypertension (14). The fact that blockade of prorenin exerted significant beneficial cardiovascular effect in salt-loaded SHRs in the present study, as well as in salt-loaded stroke-prone rats (8), but not in some other forms of hypertension suggests that the contribution of prorenin to end-organ damage may be limited to acute and more severe forms of hypertension, such as in salt-loaded models (20). In the SHR with a naturally occurring form of hypertension, cardiac and renal damage progress slower and prorenin inhibition may have limited influence on end-organ damage; however, this notion requires further investigation since a number of other possibilities exist. In fact, beneficial effects of (pro)renin receptor blockade have so far been noted only in hypertensive models in which target organ damage was aggravated by dietary salt excess, indicating that pro(renin) receptors may be involved in mediating salt-induced cardiovascular and renal injury.
This study did not focus on the exact mechanism of action of PRAM-1. One possibility might be that the blockade of non-proteolytic activation of local tissue prorenin occurs in heart and kidney. We have suggested previously that the local cardiac RAS may actually mediate cardiovascular injury in salt-overload (4, 23, 24), and the present findings are in agreement with that concept. Furthermore, we have also reported that similar to the present data, AT1 receptor blockade attenuated adverse cardiovascular and renal effects of salt excess in SHR without affecting arterial pressure (25). All these findings support the notion that the local RAS (including prorenin) participates in mediating cardiovascular and renal damage in animals given salt-excess.

Finally, it is worth noting that recent discovery of prorenin receptors introduces a new possible mechanism of action for components of RAS. Thus, when bound to receptors, renin and prorenin may trigger intracellular signaling that will eventually result in adverse cardiovascular events independent of the RAS. Furthermore, prorenin bound to its receptor, may become active and mediate the local tissue formation of angiotensin II with related adverse consequences. Therefore, the development of specific prorenin blockers may launch an important new therapeutic avenue, in addition to the already-existing RAS inhibitors.

REFERENCES