Restoring leptin signaling reduces hyperlipidemia and improves vascular stiffness induced by chronic intermittent hypoxia

Ronghua Yang,*1 Gautam Sikka,*2 Jill Larson,1 Vabren Watts,1 Xiaolin Niu,1 Carla L. Ellis,3 Karen L. Miller,1 Andre Camara,2 Christian Reinke,4 Vladimir Savransky,4 Vsevolod Y. Polotsky,4 Christopher P. O’Donnell,5 Dan E. Berkowitz,2 and Lili A. Barouch1

Departments of 1Medicine, Division of Cardiology, 2Biomedical Engineering, 3Pathology, and 4Division of Pulmonary and Critical Care Medicine, Johns Hopkins University School of Medicine, Baltimore, Maryland; 5Division of Pulmonary, Allergy, and Critical Care Medicine, Department of Medicine, University of Pittsburgh School of Medicine, Pittsburgh, Pennsylvania

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Yang R, Sikka G, Larson J, Watts VL, Niu X, Ellis CL, Miller KL, Camara A, Reinke C, Savransky V, Polotsky VY, O’Donnell CP, Berkowitz DE, Barouch LA. Restoring leptin signaling reduces hyperlipidemia and improves vascular stiffness induced by chronic intermittent hypoxia. Am J Physiol Heart Circ Physiol 300: H1467–H1476, 2011. First published January 28, 2011; doi:10.1152/ajpheart.00604.2009.—Chronic intermittent hypoxia (IH) during sleep can result from obstructive sleep apnea (OSA), a disorder that is particularly prevalent in obesity. OSA is associated with high levels of circulating leptin, cardiovascular dysfunction, and dyslipidemia. Relationships between leptin and cardiovascular function in OSA and chronic IH are poorly understood. We exposed lean wild-type (WT) and obese leptin-deficient ob/ob mice to IH for 4 wk, with and without leptin infusion, and measured cardiovascular indices including aortic vascular stiffness, endothelial function, cardiac myocyte morphology, and contractile properties. At baseline, ob/ob mice had decreased vascular compliance and endothelial function vs. WT mice. We found that 4 wk of IH decreased vascular compliance and endothelial relaxation responses to acetylcholine in both WT and leptin-deficient ob/ob animals. Recombinant leptin infusion in both strains restored IH-induced vascular abnormalities toward normoxic WT levels. Cardiac myocyte morphology and function were unaltered by IH. Serum cholesterol and triglyceride levels were significantly decreased by leptin treatment in IH mice, as was hepatic stearoyl-Coenzyme A desaturase 1 expression. Taken together, these data suggest that restoring normal leptin signaling can reduce vascular stiffness, increase endothelial relaxation, and correct dyslipidemia associated with IH.

sleep apnea; heart; hypertrophy; vascular compliance; pulse-wave velocity; endothelial function; nitric oxide

OBSTRUCTIVE SLEEP APNEA (OSA) is increasingly being recognized as a risk factor in the obesity-related pathogenesis of cardiovascular disease. OSA independently contributes to the development of systemic and pulmonary hypertension (21, 39), right and left ventricular dysfunction (9, 10), and coronary artery disease and stroke (2), all of which are associated with failure of endothelium-dependent vasodilation (8, 13). Chronic intermittent hypoxia (IH), which has independently been shown to increase systemic arterial hypertension in rodents (14, 24) and humans (44), is a primary clinical feature of OSA. Our previous studies using a mouse model of IH reproduced sleep-related hypoxemia and sleep fragmentation comparable with the levels found in OSA (22, 35) and demonstrated that these animals develop moderate systemic and pulmonary hypertension and left- and right-sided ventricular hypertrophy (7).

Chronic IH-induced cardiovascular remodeling is thought to result from interactions between hemodynamic and inflammatory changes. The adipocytokine leptin has been a focus of these investigations as a result of the role of leptin in sympathetic activation (29), nitric oxide (NO) production (23, 30), inflammation, and oxidative stress, which can all affect cardiovascular function. Circulating leptin concentration is generally proportional to body fat mass, although studies have suggested that leptin levels are further elevated in OSA patients compared with weight-matched controls (12, 18) with a proportional increase with OSA severity (45). Whether hyperleptinemia in obesity and OSA serves a protective role or causes detrimental effects in the cardiovascular system is still under debate. While some suggest that elevated leptin induces oxidative stress and sympathetic overactivation (20, 42), others have found the insulin-sensitizing and lipid lowering actions of leptin to be cardioprotective (31, 46).

We have previously shown that vascular and myocardial abnormalities in leptin-deficient ob/ob animals are attributable to the disruption of intact leptin signaling independent of body weight (4, 28, 43). Because IH exposure leads to exacerbation of well-established cardiovascular risk factors of hyperlipidemia and insulin resistance (17, 26), and ob/ob animals lack leptin-mediated protection against these developments, we hypothesized that IH may disrupt normal leptin signaling in WT and ob/ob animals. Moreover, the inhibitory actions of leptin on fatty acid synthesis may also offer cardiovascular benefits in lean WT mice exposed to IH. To test these hypotheses, we treated C57BL6J wild-type (WT) and ob/ob animals with IH vs. room air control (RA), with or without leptin, resulting in eight groups of animals. We examined vascular compliance with noninvasive Doppler detection of pulse-wave velocity (PWV) and endothelium-dependent vasodilation response to acetylcholine (ACh). We also measured myocyte contractility and calcium transients in response to isoproterenol (ISO) stimulation and evaluated myocyte histology and morphometry.

MATERIALS AND METHODS

Animals and study design. Male 10-wk-old, WT C57BL/6 and leptin-deficient ob/ob mice were purchased from The Jackson Labo-
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Reference:

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determined from an average of three to five cardiac cycles in M-mode images. LV fractional shortening and ejection fraction were calculated and LV mass was determined using a cylindrical model as previously described (4).

Histological evaluation of tissue and cellular morphology and apoptosis. Myocyte dimensions were determined from digitized images of hematoxylin and eosin-stained myocardium and analyzed using ImageJ (NIH, Bethesda, MD). Myocardial fibrosis was determined by Masson trichrome staining of paraffin-embedded sections and semiquantitatively rated by a blinded pathologist. TUNEL assay was also performed in heart tissue sections using the FragEL DNA Fragmentation Detection Kit (Calbiochem, Temecula, CA) per the manufacturer’s instructions.

Statistical analysis. All values are expressed as means ± SE. The effect of hypoxia and leptin within each animal strain was assessed with two-way ANOVA with Bonferroni post hoc tests. P values <0.05 were considered to be statistically significant. Unpaired, two-tailed t-tests were used to determine statistical significance and P value of differences between WT and ob/ob mice, with the Welch correction applied when appropriate. GraphPad Prism 5.0 (La Jolla, CA) and SigmaPlot 11 (Systat Software, Chicago, IL) were used for statistical analysis.

RESULTS

Chronic IH inhibits body weight gain in WT but not in ob/ob. We exposed eight groups of mice in to 4 wk of IH in a 2 × 2 × 2 design as described above to assess the contribution of leptin in the cardiovascular abnormalities associated with an IH model of OSA. WT mice exposed to 4 wk of IH showed no change in body weight over time (23.6 ± 1.3 g at day 28 vs. 24.0 ± 1.1 g at day 0; P = NS), whereas normoxic WT mice continued to gain weight (28.3 ± 0.6 g at day 28 vs. 25.3 ± 0.5 g at day 0; P < 0.01) (Fig. 1A). Along with lower body weight, WT-IH mice displayed a decrease in serum leptin concentration compared with RA control group (1.6 ± 0.2 in WT-IH vs. 4.3 ± 1.1 ng/ml in WT-RA, P = 0.06). Exogenous leptin treatment significantly elevated circulating leptin levels in WT-IH animals (8.1 ± 0.9 ng/ml, P < 0.05 vs. WT-RA, P < 0.001 vs. WT-IH) but not in WT mice exposed to RA (6.5 ± 0.9 ng/ml, P = 0.16 vs. WT-RA). Body weight trends were unaltered by exogenous leptin administration in WT animals, regardless of hypoxia treatment.

Leptin treatment of ob/ob mice significantly decreased body weight as expected (30.5 ± 0.7 g at day 28 vs. 54.3 ± 0.9 g at day 0; P < 0.0001), whereas control ob/ob animals continued to gain weight (58.6 ± 1.1 g at day 28 vs. 51.3 ± 0.9 g at day 0; P = 0.0001) (Fig. 1B). Hypoxia treatment did not inhibit body weight gain in ob/ob mice as seen in the WT. Concomitant hypoxia exposure and leptin repletion did not decrease the body weights of ob/ob below that of leptin treatment alone (−43.8 ± 1.3% weight change in OB-RA + Leptin vs. −39.7 ± 3.3% weight change in OB-IH + Leptin, P = NS) as shown in Table 1.

Leptin lowered serum lipids and hepatic stearoyl-coenzyme A desaturase (SCD-1) in WT exposed to IH. Lack of leptin and exposure to IH both lead to dyslipidemia, another well-documented risk factor for impaired vascular compliance and endothelial dysfunction. The lipid-lowering effects of leptin repletion in ob/ob animals are well established, but whether leptin has an inhibitory effect on IH-induced hyperlipidemia is not known. Fasting serum TG was lower in WT-IH + Leptin vs. IH mice (82.6 ± 3.2 vs. 102.6 ± 5.1 mg/dl, P < 0.001), as were the total TGs (26.3 ± 3.5 vs. 38.3 ± 3.4 mg/dl, P < 0.05) (Fig. 2). In WT, total serum FFA was not significantly altered although there was a slight trend toward decrease (0.58 ± 0.05 vs. 0.65 ± 0.02 meq/l, P = 0.21). Hepatic protein expression of SCD-1, which catalyzes monounsaturated fatty acid synthesis and is transcriptionally inhibited by leptin, was also lower in IH + Leptin vs. IH by Western blot (0.65 ± 0.07 vs. 1.00 ± 0.05 arbitrary units; P < 0.01; Fig. 3). On the basis of these findings, we suspect that leptin antagonizes the pathophysiological effects of IH by suppressing IH-induced vascular stiffness through a lipid-reducing mechanism.

Leptin decreased lipid peroxidation in ob/ob exposed to IH. Because oxidative stress is a major factor affecting the vasculature, we measured lipid peroxidation-derived oxidative stress using serum MDA measurement, normalized to WT-RA (Fig. 4). There was no statistically significant change in serum MDA levels among the WT groups. Lipid peroxidation was significantly elevated in ob/ob compared with WT mice (106 ± 33% in OB-RA vs. 0 ± 12% in WT-RA; P < 0.05). Leptin repletion in ob/ob led to significantly decreased serum MDA by two-way ANOVA (P < 0.05). Post hoc analysis demonstrated significance of leptin treatment in the ob/ob hypoxic comparison (180 ± 37% in OB-IH vs. 8 ± 42% in OB-IH +

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**Fig. 1.** Body weight over time. Body weight recorded over the 28-day treatment period for C57BL6/J WT mice (A) and ob/ob leptin-deficient mice (B) exposed to room air (RA) ([□] solid line), RA + leptin ([■] dotted line), intermittent hypoxia (IH) ([•] dashed line), and IH + leptin ([▲] dot-dash line). Values are means ± SE, n = 4–12/group. *P < 0.01 vs. RA; †P < 0.001 vs. no leptin.
Leptin; $P < 0.05$) but not in the normoxic comparison (106 ± 33% in OB-RA vs. 3 ± 24% in OB-RA + Leptin; $P = 0.414$). Leptin preserves vascular compliance after IH in both ob/ob and WT. We first assessed in vivo vascular stiffness using PWV. WT-IH mice had increased vascular stiffness compared with WT-RA, as reflected by higher PWV ($3.87 ± 0.08$ m/s; $P < 0.0001$) compared with WT-RA ($3.37 ± 0.08$ m/s; $P < 0.0001$). OB-RA had attenuated elevated PWV in both OB-IH + Leptin and OB-RA + Leptin to WT-RA levels ($3.37 ± 0.08$ vs. $3.36 ± 0.12$ m/s; $P = NS$; $P < 0.0001$ vs. OB-RA and $P = NS$ vs. WT-RA in both cases). These results suggest that intact leptin-dependent signaling is necessary to prevent IH-induced vascular stiffness.

Restoring leptin signaling reverses effect of IH on vascular reactivity. Next we correlated in situ endothelial-dependent and -independent aortic ring responses to our in vivo findings. Maximum aortic ring relaxation responses to ACh closely correlated with those for PWV (Fig. 6). Maximum ring relaxation was attenuated in WT-IH vs. WT-RA ($E_{max}$, 65 ± 2 vs. 80 ± 2%; $P < 0.001$), with no significant change in half-maximal effective concentration of ACh (log EC50: $-7.1 ± 0.06$ vs. $-7.1 ± 0.05$ M; $P = NS$). Leptin treatment of WT animals showed no significant change in aortic-ring maximum response to ACh ($E_{max}$ 77 ± 3% vs. WT-RA; log EC50: $-6.9 ± 0.07$ M; $P < 0.05$ vs. WT-RA) but restored the decreased relaxation response in WT exposed to IH ($E_{max}$ 78 ± 2%, $P < 0.001$ vs. WT-IH, $P = NS$ vs. WT-RA). The half maximal effective concentration of ACh was decreased with combined leptin and IH exposure (log EC50: $-7.5 ± 0.05$ M; $P < 0.05$ vs. WT-IH). OB-RA had attenuated ring relax-

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### Table 1. Basic characteristics for the four groups

<table>
<thead>
<tr>
<th>Leptin Levels at day 28</th>
<th>BW/TL, g/mm</th>
<th>HW/TL, mg/mm</th>
<th>HW/BW, mg/g</th>
<th>Leptin, ng/ml</th>
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</thead>
<tbody>
<tr>
<td>RA</td>
<td>1.60 ± 0.03</td>
<td>7.18 ± 0.16</td>
<td>4.50 ± 0.08</td>
<td>4.3 ± 1.1</td>
</tr>
<tr>
<td>RA + Leptin</td>
<td>1.59 ± 0.02</td>
<td>7.25 ± 0.11</td>
<td>4.52 ± 0.08</td>
<td>6.5 ± 0.9</td>
</tr>
<tr>
<td>IH</td>
<td>1.41 ± 0.04*</td>
<td>6.87 ± 0.23</td>
<td>4.88 ± 0.07*</td>
<td>1.6 ± 0.2</td>
</tr>
<tr>
<td>IH + Leptin</td>
<td>1.46 ± 0.05*</td>
<td>7.01 ± 0.17</td>
<td>4.88 ± 0.06*</td>
<td>8.1 ± 0.9†‡</td>
</tr>
</tbody>
</table>

Values are means ± SE. *$P < 0.05$ vs. RA, †$P < 0.05$ vs. no leptin, ‡Significant interaction between IH and leptin; §$P < 0.05$ ob/ob vs. C57BL6/J wild-type (WT). ND = not detectable.

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**Fig. 2.** Leptin lowers serum cholesterol and triglycerides in hypoxic wild-type (WT) animals. Hypoxia-induced elevations in fasting serum total cholesterol (A) and total triglycerides (B) were lowered with exogenous leptin treatment, whereas serum free fatty acids (C) tended toward a decrease with leptin treatment. Values are means ± SE, $n = 5$/group. *$P < 0.05$ vs. no exogenous leptin.

**Fig. 3.** Leptin suppressed hepatic SCD-1 expression in hypoxic WT animals. SCD-1. Hepatic expression of SCD-1 was attenuated with leptin treatment in hypoxia-exposed WT mice. Values are means ± SE, $n = 5$/group. *$P < 0.05$ vs. no exogenous leptin.

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Restoring leptin signaling reverses effect of IH on vascular reactivity.
ation response to ACh compared with WT-RA \((E_{\text{max}} \pm 53 \pm 2\% , P < 0.05 \text{ vs. OB-RA})\). Leptin treatment restored isoproterenol-stimulated peak sarcomere shortening in WT mice \((E_{\text{max}} \pm 70 \pm 2 \% \text{ and } 69 \pm 4\%; \log \text{EC50}: -6.7 \pm 0.06 \text{ M})\). To confirm that the change in relaxation induced by IH was endothelial dependent, we measured endothelial-independent relaxation by sodium nitroprusside. There was no difference in endothelial-independent relaxation among groups \((E_{\text{max}} \pm 49.40 \pm 18.14\% \text{ in WT-IH vs. } 60.52 \pm 20.15\% \text{ in OB-IH vs. } 63.70 \pm 18.73\% \text{ in OB-IH + Leptin; } P = \text{NS})\). The parallel finding in endothelium-dependent relaxation response and PWV measurements suggest that disruption of endothelial function is responsible for reduced vascular compliance in ob/ob animals and animals exposed to IH.

Ex vivo vascular NO production rate was not enhanced in leptin-treated IH animals. NO has been proposed as a mechanistic link between endothelial function and vascular compliance (49), and leptin stimulation of both smooth muscle and endothelial cells has been shown to increase NO production (23, 38). Therefore, we examined NO production in vascular tissue isolated from the eight groups of animals (Fig. 7). In WT mice, IH did not significantly affect ex vivo vascular tissue ability to produce NO \((143 \pm 18 \text{ vs. } 100 \pm 17\% , P = \text{NS vs. WT-RA})\). Exogenous leptin treatment increased aortic tissue rate of NO production \((176 \pm 21\% , P < 0.001 \text{ vs. WT-RA})\), but this effect was absent with concomitant IH exposure \((121 \pm 13\% , P < 0.05 \text{ vs. WT-RA + Leptin, } P = \text{NS vs. WT-IH})\). NO production rates were similar between normoxic WT and ob/ob tissue \((75 \pm 10\% , P = \text{NS vs. WT-RA})\), and IH exposure did not lead to a significant change in the ob/ob (78 ± 12%, \(P = \text{NS vs. OB-RA}\)). Leptin repletion enhanced the rate of NO production in normoxic ob/ob rings (OB-RA + Leptin: 150 ± 29%, \(P < 0.001 \text{ vs. OB-RA}\)) but not in hypoxic rings (OB-IH + Leptin: 94 ± 23%, \(P < 0.05 \text{ vs. OB-RA + Leptin, } P = \text{NS vs. OB-IH})\). Importantly, these negative findings emphasize that, although NO production is affected by leptin signaling, it is not the primary mechanism for the suppression of leptin of vascular stiffness induced by IH.

Cardiac myocyte response to β-adrenergic stimulation was attenuated in ob/ob but unaltered with IH. In addition to vascular function, we examined whether cardiac myocyte function is compromised with IH. Contrary to our initial hypothesis, IH did not significantly alter basal or isoproterenol-stimulated peak sarcomere shortening in WT mice \((E_{\text{max}} 189 \pm 17\% \text{ vs. } 211 \pm 20\% , P = \text{NS})\) (Fig. 8A). Exogenous leptin treatment in WT did not alter myocyte response to isoproterenol \((E_{\text{max}} 256 \pm 23\% ; P = \text{NS vs. WT-RA})\), nor did combination treatment in the WT-IH + Leptin group \((E_{\text{max}} 225 \pm 45\% ; P = \text{NS vs. WT-RA})\). Consistent with our previous results (28), sarcomere shortening of myocytes isolated from ob/ob mice had attenuated response to isoproterenol \((E_{\text{max}} 106 \pm 10\% , P < 0.05 \text{ vs. WT})\), and this depressed β-adrenergic response was restored in OB-RA + Leptin mice \((E_{\text{max}} 220 \pm 14\% ; P < 0.0001 \text{ vs. OB-RA, } P = \text{NS vs. WT-RA})\). The depressed response to isoproterenol in ob/ob was unaltered with hypoxia exposure \((E_{\text{max}} 120 \pm 23\% \text{ and again restored to normal with leptin repletion } (E_{\text{max}} 209 \pm 26\% ; P < 0.0001 \text{ vs. OB-RA, } P = \text{NS vs. WT-RA})\). Percent calcium transient increase with isoproterenol stimulation followed the same trends as percent sarcomere shortening increase from baseline (Fig. 8B).

IH did not cause significant cardiac remodeling in the WT. Although prior studies have suggested that right ventricular
and LV remodeling are in response to IH (7), we did not observe significant cardiac myocyte function deterioration following 4 wk of IH in this study. We confirmed the lack of significant cardiac remodeling by echocardiography (Table 2). Histological evaluation of myocardial tissue (Fig. 9) revealed no difference in myocyte size (10.04 ± 0.39 μm in WT-RA vs. 10.71 ± 0.38 μm in WT-IH, P = NS), interstitial fibrosis (none to minimal in all sections from both groups), and apoptosis evaluated by TUNEL staining.

DISCUSSION

The major new finding of this study is that intact leptin signaling is essential to maintain normal vascular compliance under a hypoxic environment. Our studies clearly demonstrate that 1) leptin improves IH-induced dyslipidemia, 2) chronic IH exposure increases aortic vascular stiffness and attenuates ACh-induced endothelium-dependent vasodilation response, 3) leptin-deficient ob/ob mice show the same defects at baseline, which are aggravated with IH exposure, and 4) administration of exogenous leptin restores vascular compliance by improving lipid profiles via a mechanism independent of the NO pathway.

Previous studies have shown that 5-day IH exposure elevates circulating leptin levels (34), but this likely feeds back to prevent additional weight gain, thus resulting in lower body weight and explaining the lower leptin level observed at the 4-wk time point in this study. Vascular compliance and endothelial relaxation response to ACh were compromised in the hypoxic animals but were restored with exogenous leptin repletion, despite the lack of difference in final body weight between WT-IH and WT-IH + leptin groups. In WT mice, IH exposure led to attenuation of weight gain along with lower

![Fig. 6. Endothelium-dependent relaxation response to acetylcholine (ACh). Aortic rings were subjected to increasing doses of ACh for determination of endothelium-dependent relaxation function. Values are means ± SE, n = 10–20/group. Sigmoidal dose-response curves were fitted for C57BL6/J WT mice (A) and ob/ob leptin-deficient mice (B) exposed to RA (□, solid line), RA + leptin (●, dotted line), IH (△, dashed line), and IH + leptin (▲, dot-dash line) with the bottom values constrained to 0. The maximum relaxation responses determined from the fitted curve were compared for WT (C) and ob/ob animals (D). Half-maximal effective concentrations of ACh were also compared for WT (E) and ob/ob animals (F). *P < 0.05 vs. RA, †P < 0.05 vs. no leptin, §significant interaction between IH and leptin; ¶P < 0.05 ob/ob vs. WT.]

![Fig. 7. Nitric oxide (NO) production. Rate of NO production by aortic tissues from C57BL6/J WT mice (A) and ob/ob leptin-deficient mice (B) were determined using 4-amino-5methylamino-2',7'-diaminofluorescein diacetate fluorescence. Values are means ± SE, n = 6–14/group. *P < 0.05 vs. RA, †P < 0.05 vs. no leptin, §significant interaction between IH and leptin; ¶P < 0.05 ob/ob vs. WT.]

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serum leptin concentrations compared with WT-RA. Consistent with our recent findings that leptin antagonism increases vascular stiffness (43), we conclude that intact leptin signaling is essential in maintaining normal vascular compliance independent of body weight.

In the ob/ob mice, the effect of IH in preventing body weight gain was lost, suggesting that inhibitory effect of hypoxia on weight may be leptin related. Leptin repletion in ob/ob with concomitant hypoxia exposure did not decrease the body weights of ob/ob below that of leptin treatment alone; however, it is difficult to assess the inhibitory effect of hypoxia on weight in this case because ob/ob mice given leptin were actively losing weight. Leptin repletion in ob/ob animals restored vascular properties toward WT-RA levels as would be expected and previously demonstrated (50). Importantly, IH exacerbated vascular abnormalities found in the ob/ob. The effects of IH and leptin deficiency on vascular reactivity seem to be additive but not multiplicative in this case. More importantly, leptin repletion entirely restored the vascular compliance in OB-IH to WT-RA levels, not just to WT-IH levels, and improved endothelial relaxation response. These results are consistent with our findings in the WT, where exogenous leptin rescues the vascular damage induced by hypoxia.

In an earlier characterization of this IH model, heart weight/body weight (HW/BW) ratio was increased in WT-IH compared with WT-RA although this observation was mostly driven by lower body weight in the WT-IH, rather than an increase in heart weight itself (7). In the present study, we normalized HW to tibia length (TL), which is a more consistent marker for lean body mass. We found that the HW/TL ratio was similar between WT-IH and WT-RA, and echocardiography showed no significant changes in LV wall thickness, chamber dimension, and ejection fraction. Taken together with the finding that myocyte size and mechanistic properties were
unaltered, these results suggest no significant cardiac remodeling with 4-wk exposure to this IH protocol. Others have shown that mice exposed to a similar model of IH exhibited earlier and greater changes in aortic gene expression than those found in heart and lung tissues (15) although the exact timing and effects between different models are difficult to consolidate. Consistent with our prior findings, \textit{ob/ob} animals showed higher HW/TL ratio compared with WT, and isolated cardiac myocytes demonstrated depressed response to $\beta$-adrenergic stimulation (4, 28). Both were restored with leptin repletion (4, 28), but IH did not alter this response.

Because NO had been shown to be affected by leptin in the vasculature and is an important mediator of endothelial relaxation, we first examined the rate of NO production in ex vivo vascular rings. The lack of enhanced rates of NO production by leptin in the WT and \textit{ob/ob} groups exposed to IH suggests that NO is unlikely to be the mechanism by which leptin protects against IH-induced vascular dysfunction, even though leptin treatment in RA controls significantly increased the rate of NO production, consistent with prior studies (47).

Other factors contributing to vascular remodeling include altered lipid profile and changes in insulin sensitivity. Because of our results showing that leptin repletion corrects IH-induced altered lipid profile, we propose that the vascular protective effects of leptin may be a direct consequence of suppressing IH-induced hyperlipidemia. Chronic IH has been shown to cause or worsen lipid profile and insulin resistance. Studies have shown, in both WT and \textit{ob/ob}, that IH exposure significantly increases cholesterol, phospholipids, and TG content, along with increased sterol regulatory element binding protein-1 (SREBP-1) expression (17, 25, 26). Leptin can prevent excess lipid accumulation in peripheral tissues by repressing de novo lipogenesis via decrease in fatty acid synthase gene expression and upregulating $\beta$-oxidation (46), thus preventing

<table>
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<th>RA (n = 8)</th>
<th>Hypoxia (n = 7)</th>
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<td>510.2 ± 23.5</td>
<td>493.4 ± 21.6</td>
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<tr>
<td>LVEDD, mm</td>
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<tr>
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<td>0.61</td>
</tr>
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</tr>
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<td>EF, %</td>
<td>76.63 ± 2.36</td>
<td>74.81 ± 0.96</td>
<td>0.49</td>
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</tbody>
</table>

Values are means ± SE. Heart rate (HR), left ventricle end diastolic (LVEDD) and systolic (LVESD) diameters, relative wall thickness (RWT), calculated left ventricle (LV) mass, fractional shortening (FS), and ejection fraction (EF) are all calculated from echocardiography measurements. See MATERIALS AND METHODS for calculations. Measures for the two groups are compared with unpaired, two-tail $t$-tests; $P$ values are listed.

![Fig. 9. Histological evaluation of myocardial tissues from WT ± IH.](http://ajpheart.physiology.org/)

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lipotoxicity and reducing serum TG and FFA concentrations (46). Leptin administration also inhibits de novo cholesterol synthesis and decreases intestinal cholesterol absorption (16, 48). We confirmed that altered lipid profiles in IH-exposed WT can be rescued by administration of leptin, suggesting correction of dyslipidemia as a mechanism of vascular protection by leptin. Whether IH can induce ectopic lipid deposition in the vasculature remains to be determined although the protective effect of leptin in this model stems at least in part from reducing sources of FFA and cholesterol in the serum. In addition, leptin is now considered as an inhibitor of SREBP-1 and SCAD-1 expressions (5, 19). We have shown that hepatic expression of SCAD-1 was suppressed in our model with leptin treatment in WT-IH animals. Genetic models of SCAD-1 deficiency have demonstrated reduced body adiposity, increased insulin sensitivity, and resistance to diet-induced obesity in addition to decreased expression of lipid synthesis genes and low levels of TGs in the low- and very-low-density lipoprotein fractions compared with their WT counterparts (33). Given these results, we propose that leptin maintains a vascular-compliance lipolytic-dependent pathway independent of NO signaling.

Clinical implications. In the clinical setting, leptin has been successfully used to treat forms of lipodystrophy (32) in addition to correcting rare congenital leptin deficiency (27). A recent report enhances the clinical potential of leptin by demonstrating that hyperleptinemia can reverse the consequences of a total lack of insulin and thus its possible usage in treating type 1 diabetes (53). The antihyperglycemic effects of leptin treatment are no longer limited to the interpretation that leptin potentiates residual levels of endogenous insulin but that it can replace some actions of insulin by suppressing glucagon action on the liver and enhancing the insulinomimetic actions of insulin-like growth factor 1 on skeletal muscle. The impact of these actions of leptin on the cardiovasculature warrants further investigation.

In this study, we described a novel effect for leptin signaling in reducing IH-induced vascular stiffness and endothelial dysregulation, associated with improved dyslipidemia. Patients exhibiting oxyhemoglobin desaturations at night, such as those with the OSA syndrome, show higher plasma TG and low-density lipoprotein cholesterol levels compared with subjects without hypoxemia (40). Chronic IH is associated with dyslipidemia and overexpression of hepatic SCAD-1 in both humans and mice alike; SCAD-1 deficiency attenuates IH-induced and high-fat-diet-induced dyslipidemia and atherosclerosis in mice (40). Given that leptin transcriptionally inhibits SCAD-1, it is conceivable that leptin induction in a hypoventilatory state could serve a compensatory role by inhibiting rising lipid levels. Other benefits of normalizing leptin signaling may include maintaining tissue oxygenation by promoting angiogenesis and maintaining endothelium integrity (1, 6). This benefit may be lost in obese patients as central leptin resistance precludes the use of leptin to induce weight loss and normalize lipid profile. Emerging evidence suggests that the peripheral actions of leptin on cardiac myocytes and endothelial cells are also attenuated in diet-induced obesity (36, 37). Our results corrobore other evidence that suggests hyperleptinemia found in obesity and sleep-disordered breathing may be more reflective of a general state of leptin resistance. In such a state, treating with additional leptin would not be effective; however, restoring leptin sensitivity may be an important target for treating dyslipidemia and vascular dysfunction in cardiovascular diseases associated with sleep apnea and obesity.

Conclusions. We have established that chronic IH increases vascular stiffness and compromises endothelial function in WT and ob/ob mice. Remarkably, leptin repletion not only restored normal vascular properties in both IH-exposed and control ob/ob mice, but also attenuated IH-induced vascular abnormalities in the WT. Thus impaired leptin signaling may represent an important mechanism of IH-induced vascular injury. The inhibitory actions of leptin on fatty acid synthesis may provide vascular benefits in sleep apnea and hyperlipidemia and offer new therapeutic strategies in patients with these conditions.

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DISCLOSURES

No conflicts of interest, financial or otherwise, are declared by the authors.

REFERENCES

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