**β3-Adrenergic receptor antagonist improves exercise performance in pacing-induced heart failure**

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**Abstract**

During exercise, the cardiac output increases to meet the elevated oxygen delivery to the muscles. Normally, this is achieved without an abnormal increase in left atrial (LA) pressure (P)
(7, 10, 37, 57). Enhanced sympathetic stimulation during exercise increases heart rate and accelerates relaxation, resulting in smaller left ventricular (LV) end-systolic volume (V_{ES}), lower minimum LV pressure (LVP_{min}), and increased LA-LV pressure gradient. This produces a marked increase in the peak rate of LV filling (dV/dt_{max}) without an increase in LAP to abnormal levels. Exercise increases LV contractility (53), both through the adrenergic stimulation and a positive force-frequency relationship (51). These responses result in an increased stroke volume despite reduced duration of ventricular ejection and filling. Moreover, LV contractility, LV-arterial coupling (E_{ES}/E_{A}), and LV mechanical efficiency [stroke work (SW)/P-V area (PVA)] are all increased during normal exercise.

In contrast, after the development of heart failure (HF), the slowed relaxation at rest is further impaired during exercise and LVP_{min} is elevated (11). Increased preload during exercise elevates LV end-diastolic pressure (P_{ED}) and volume (V_{ED}), and diastolic P-V relation goes upward throughout the filling phase. Thus mean LAP abnormally increases, which contributes to the development of exertional dyspnea and limited exercise tolerance. Furthermore, contractility during exercise is impaired due to blunted response to β-adrenergic stimulation (40, 60, 64) and an impaired force-frequency relationship (51, 60). Thus the abnormal LV arterial coupling and diastolic dysfunction present at rest are exacerbated during exercise (11, 37).

The β3-adrenergic receptor (β3-AR) was initially identified in fat and some vascular tissues and subsequently found in the myocardium. Unlike β1- and β2-ARs, β3-AR stimulation inhibits cardiac contraction and relaxation (14, 21, 22, 31, 46, 47, 58) through its link to inhibitory G proteins (G_i) and involves both nitric oxide (NO)-dependent (14, 22) and -independent effects (2, 14, 21, 22, 46, 67). Stimulation of cardiac β3-AR has a negative effect on cardiac contraction (i.e., negative inotropy) due to blunted response to β-adrenergic stimulation (40, 60, 64) and involves both nitric oxide (NO)-dependent (14, 22) and -independent effects (2, 14, 21, 22, 46, 67). Stimulation of cardiac β3-AR has a negative effect on cardiac contraction (i.e., negative inotropy) states with the β3-AR but has no direct chronotropic effects.

In the failing heart, β3-ARs are upregulated (14, 46) and are relatively resistant to desensitization (58) due to a lack of βARK-1 phosphorylation sites (14, 22, 36, 46, 47), while cardiac β1-ARs are downregulated and β1- and β2-ARs are desensitized and uncoupled from the Gi protein in the failing heart (39). This altered balance of cardiac β1-, β2-, and β3-ARs in HF may have important effects.

Previously, we found that stimulation of β3-AR by endogenous catecholamine depresses LV contraction and relaxation at rest in conscious dogs with pacing-induced HF (47). In HF, during exercise, markedly elevated levels of catecholamine occur (18), which may cause enhanced activation of cardiac β3-ARs. Thus the adverse effects of β3-AR stimulation in HF may be accentuated during exercise. However, the role of β3-AR during exercise performance in HF is unknown. Whether the beneficial actions of β3-ANT we observed previously in HF at rest (47) can persist during exercise in HF remains to be determined. Investigations addressing this problem are timely and highly significant, because exercise intolerance is a hallmark of HF, but many existing HF therapies (including aldosterone antagonism, angiotensin-converting-enzyme-inhibitor therapy, and β-blockade) with clear salutary role on cardiac function at rest failed to improve exercise capacity in patients with HF reported by recent clinical trials (16, 28, 32–34, 48).

Accordingly, this study was undertaken to test the hypothesis that after HF there is an enhanced activation of the cardiac...
β3-AR system during exercise, which contributes to the abnormal responses of LV contraction, relaxation, and LV-arterial coupling to exercise. We assessed the acute effect of L-748,337, a selective β3-antagonist, on diastolic filling, LV arterial coupling, and mechanical efficiency at rest and during exercise in a conscious, chronically instrumented dog model with pacing-induced HF (34).

**MATERIALS AND METHODS**

**Instrumentation**

This investigation was approved by the Wake Forest School of Medicine Animal Care and Use Committee. Twelve healthy, adult, heartworm-negative mongrel dogs (body wt of 25–35 kg) were instrumented to measure three LV internal dimensions, LVP, and LAP. One myocardial lead (model 4312: Cardiac Pacemakers, Minneapolis, MN) was implanted within the myocardium of the right ventricle (RV), and the lead was attached to unipolar multiprogrammable pacemakers (model 8329: Medtronic, Minneapolis, MN) positioned under the skin in the chest. Hydraulic occluders were placed around the vena cavae by a technique described previously (12, 40, 47, 62).

**Data Collection**

Studies were performed after full recovery from instrumentation (10 days after original surgery) with the dogs standing and then running on a motorized treadmill (model 1849C; Quinton, Seattle, WA) as previously described (11, 12).

**Experimental Protocol**

**Induction of HF.** Studies were performed after the animals had fully recovered from instrumentation. After completion of the normal baseline studies as previously described (12, 47), rapid RV pacing (at 220–240 beats/min) was initiated using the pacing protocol to induce HF (13, 47). After 4–5 wk of rapid pacing, when the LVPED, during baseline studies as previously described (12, 47), rapid RV pacing (at fully recovered from instrumentation. After completion of the normal respiration. The total exercise time ranged from 4 to 8 min. During submaximal level of exercise to avoid marked fluctuation by throughout the exercise protocol. We analyzed the data recorded both steady-state and VCO data were obtained, and then the treadmill exercised at this level until they could no longer keep up with the dogs running on the treadmill. At submaximal levels of exercise, blood was collected. We previously observed that there is no difference in the response to exercise repeated after a 40-min rest period (11, 13). The values of resting controls were also similar before initial exercise and with a 40-min resting period after exercise.

**Data Processing and Analysis**

As previously described, LVV, LV PES-VES relation and its slope (EES), and SW-VES relation and its slope (Msw) were analyzed (12, 47). Relaxation was evaluated by determining the time constant of the isovolumic decrease of LVP (τ). LVP from the time of peak –dP/dt until mitral valve opening was fit to the exponential equation LVP = PA exp(−t/τ) + Pb, where t is time and PA, Pb, and τ are constants determined by the data. Although the decrease in isovolumic P is not exactly exponential (65), the time constant, which is derived from the exponential approximation, provides an index of the rate of LV relaxation (24, 42). In addition, τ was also calculated by the Weiss method (monoeponential decay model to zero asymptote). LV-arterial coupling was quantitated as the ratio of EES to EA, determined as PES/stroke volume (SV). The LV PVA, which represents the total mechanical energy, was determined as the area under the PED-VED curve. The efficiency of conversion of mechanical energy to external work of the heart was calculated as SW/PVA (50). Data acquisition and analysis were not blinded to group identity vis-a-vis β3-ANT treatment due to the study design.

**Statistical Analysis**

Statistical comparisons were made with repeated-measures ANOVA. If there was a significant overall effect, intergroup differences were assessed by using Fisher’s protected least significant difference. Each dog also served as its own control. Significance was established as P < 0.05. Data for steady state are expressed as means ± SD; values for LV P-V relations are expressed as means ± SE.

**Drugs**

(5)-(N-4-[2-(3-acetamidomethyl) phenox]-2-hydroxypropyl]-amino)ethyljphenyl) benzene sulfonamide (L-748,337) was a gift from Merck Research Laboratories ( Rahway, NJ).

**RESULTS**

**Abnormal Hemodynamic Responses in Pacing-Induced HF: Rest vs. Exercise**

At rest, as summarized in Tables 1 and 2, consistent with our past reports (13, 47), chronic RV rapid pacing in a canine model produced progressive LV systolic and diastolic dysfunction. Compared with normal rest, LV PVED, VED, and VES significantly increased. LV systolic dysfunction was shown by significant decreases in EES and Msw with reduced LV dp/dtmax. LV diastolic dysfunction was indicated by significantly elevated LVPmin, LVPED, and mean LAP, as well as prolonged LV relaxation with increased τ.

During exercise, as typically displayed in Figs. 1 and 2, such abnormalities at rest were exacerbated. During exercise after HF, heart rate, LVPED, τ (38.3 ± 4.8 vs. 36.3 ± 5.0 ms), LVPED, VED, VES, and mean LAP (33.0 ± 5.1 vs. 25.4 ± 4.9 mmHg) increased. These changes were accompanied by a consistent rightward and upward shift of the early diastolic portion of the LV P-V loop. During early diastole, at an
Table 1. Effects of β3-blockade on steady-state hemodynamic data at rest and during exercise after HF

<table>
<thead>
<tr>
<th></th>
<th>Control</th>
<th>Exercise</th>
<th>β3-Blockade</th>
<th>Exercise</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart rate, beats/min</td>
<td>133 ± 16</td>
<td>170 ± 17*</td>
<td>136 ± 21</td>
<td>166 ± 17*</td>
</tr>
<tr>
<td>Maximum dP/dt, mmHg/s</td>
<td>1,482 ± 280</td>
<td>1,872 ± 404*</td>
<td>1,565 ± 328</td>
<td>1,864 ± 348*</td>
</tr>
<tr>
<td>Minimum dP/dt, mmHg/s</td>
<td>-1,453 ± 158</td>
<td>-1,761 ± 293*</td>
<td>-1,477 ± 188</td>
<td>-1,746 ± 242*</td>
</tr>
<tr>
<td>Stroke volume, ml</td>
<td>13.4 ± 5.0</td>
<td>14.5 ± 5.3*</td>
<td>14.0 ± 5.4</td>
<td>15.2 ± 5.9*</td>
</tr>
<tr>
<td>LV end-diastolic pressure, mmHg</td>
<td>33.2 ± 5.4</td>
<td>41.2 ± 7.1*</td>
<td>31.7 ± 5.2†</td>
<td>37.8 ± 6.5*</td>
</tr>
<tr>
<td>LV end-systolic pressure, mmHg</td>
<td>94 ± 7</td>
<td>106 ± 11*</td>
<td>93 ± 7</td>
<td>102 ± 10†</td>
</tr>
<tr>
<td>Minimum LV pressure, mmHg</td>
<td>16.9 ± 3.7</td>
<td>20.6 ± 4.0*</td>
<td>15.6 ± 2.9†</td>
<td>17.0 ± 3.7†</td>
</tr>
<tr>
<td>Mean LA pressure, mmHg</td>
<td>25.4 ± 4.9</td>
<td>33.0 ± 5.1*</td>
<td>23.3 ± 3.8†</td>
<td>28.2 ± 4.8†</td>
</tr>
<tr>
<td>LV end-diastolic volume, ml</td>
<td>52.7 ± 21.4</td>
<td>53.5 ± 21.8</td>
<td>52.1 ± 20.5</td>
<td>53.5 ± 21.8*</td>
</tr>
<tr>
<td>LV end-systolic volume, ml</td>
<td>39.4 ± 16.1</td>
<td>38.8 ± 17.0</td>
<td>38.3 ± 16.9†</td>
<td>38.0 ± 15.3†</td>
</tr>
<tr>
<td>Maximum dV/dt, ml/s</td>
<td>172 ± 67</td>
<td>235 ± 86*</td>
<td>191 ± 73</td>
<td>260 ± 97†</td>
</tr>
<tr>
<td>Stroke work, mmHg/ml</td>
<td>988 ± 452</td>
<td>1,117 ± 412*</td>
<td>1,060 ± 521</td>
<td>1,210 ± 503†</td>
</tr>
<tr>
<td>Cardiac output, ml/min</td>
<td>1,740 ± 633§</td>
<td>2,383 ± 925*</td>
<td>1,840 ± 744</td>
<td>2,448 ± 918*</td>
</tr>
<tr>
<td>Ees, mmHg/ml</td>
<td>8.0 ± 2.6</td>
<td>8.2 ± 2.2</td>
<td>7.6 ± 3.0</td>
<td>7.5 ± 2.8‡</td>
</tr>
<tr>
<td>Time constant of relaxation, ms</td>
<td>36.3 ± 5.0</td>
<td>38.3 ± 4.8*</td>
<td>35.2 ± 5.1†</td>
<td>34.9 ± 4.9‡</td>
</tr>
</tbody>
</table>

Values are means ± SD (n = 12). HF, heart failure; dP/dt, rate of rise of left ventricular pressure; LV, left ventricular; LA, left atrial; maximum dV/dt, peak rate of mitral flow; Ees, arterial elastance. *P < 0.05, exercise vs. corresponding control rest. †P < 0.05, β3-blockade rest vs. control rest. ‡P < 0.05, HF β3-blockade exercise vs. HF control exercise.

β3-ANT Improves Hemodynamic Responses in Pacing-Induced HF: Rest vs. Exercise

At rest after HF, β3-ANT significantly improved LV systolic and diastolic function without significant changes of plasma levels of NO (43.0 ± 12.8 vs. 41.8 ± 13.2 μmol/l). As shown in Table 1 and Fig. 1, consistent with our past report (47), compared with HF at rest, β3-ANT produced no changes in heart rate and LVPEes but significantly reduced Ees, PEes, and mean LAP. The dV/dtmax (191 ± 73 vs. 172 ± 67 mmHg/s) was increased due to decreased LVPEes (15.6 ± 2.9 vs. 16.9 ± 3.7 mmHg) and LA Ees was also increased. Both the Ees/Ea ratio and SW/PVA (0.52 ± 0.03 vs. 0.45 ± 0.04) were significantly improved (Table 2 and Fig. 2).

Interestingly, during exercise after HF, treatment with β3-ANT prevented HF exercise-induced adverse effects on LV systolic and diastolic dysfunction (Fig. 2). As shown in Tables 1 and 2, compared with exercise in HF preparations, exercise after β3-ANT treatment caused similar increases in heart rate, PESes, and NO (64.6 ± 14.8 vs. 60.2 ± 11.5 μmol/l) but significantly attenuated HF exercise-induced increase in LVPEes and mean LAP; reversed exercise-induced abnormal increases in LVPEes, PEes, and LAPEes; and upward shift of the early diastolic portion of LV P-V loop; and further augmented dV/dtmax (Table 1 and Figs. 1 and 3). In addition, during HF exercise with β3-ANT treatment, there was a reversal of abnormal HF exercise response in ventricular-vascular coupling and cardiac mechanical efficiency. As demonstrated in Fig. 3 and summarized in Table 2, during HF exercise after treatment with β3-ANT, HF exercise-induced decreases in Ees, PEes/Ea were converted to increased Ees (5.3 vs. 3.7 mmHg/ml) and PEes/Ea (0.84 vs. 0.55). Thus treatment with β3-ANT further improved HF exercise SW/PVA from 0.39 to 0.53. The duration of exercise was also significantly increased (7.2 vs. 5.6 min).

DISCUSSION

The major symptom and cause of disability in HF patients are exercise intolerance. Despite marked progress in the therapeutic approach of patients with HF, exercise intolerance remains to be a hallmark of the disease (16, 33, 39, 56). Current treatment of exercise intolerance is unsatisfactory in HF patients. The β-adrenergic agonist dobutamine and phosphodiesterase inhibitor milrinone were associated with worse survival and clinical outcomes and did not improve quality of life in severe HF patients (39, 52, 61). Aldosterone antagonism, angiotensin-converting-enzyme-inhibitor therapy, and β-blockade

Table 2. Effects of β3-blockade on pressure-volume relations at rest and during exercise after HF

<table>
<thead>
<tr>
<th></th>
<th>Rest</th>
<th>Exercise</th>
<th>β3-Blockade</th>
<th>Exercise</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ees, mmHg/ml</td>
<td>3.5 ± 0.7</td>
<td>3.0 ± 0.7*</td>
<td>4.1 ± 0.7†</td>
<td>4.6 ± 0.7+‡</td>
</tr>
<tr>
<td>Ees/Ea</td>
<td>0.51 ± 0.13</td>
<td>0.40 ± 0.09</td>
<td>0.65 ± 0.16†</td>
<td>0.68 ± 0.10†</td>
</tr>
<tr>
<td>MSW, mmHg</td>
<td>61.1 ± 1.0</td>
<td>63.3 ± 6.7</td>
<td>65.5 ± 2.9</td>
<td>75.1 ± 3.2‡</td>
</tr>
<tr>
<td>SW/PVA</td>
<td>0.45 ± 0.04</td>
<td>0.39 ± 0.06</td>
<td>0.52 ± 0.03</td>
<td>0.53 ± 0.03‡</td>
</tr>
</tbody>
</table>

Values are means ± SE (n = 4). Ees, slope of linear end-systolic pressure-volume (PESes-Ves) relation; SW, stroke work; PVA, LV pressure-volume area; MSW, slope of SW-end-diastolic volume (Ves) relation. *P < 0.05, exercise vs. control rest. †P < 0.05, β3-blockade rest vs. control rest. ‡P < 0.05, HF β3-blockade exercise vs. HF control exercise.

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treatment improve survival in patients with HF but failed to improve exercise capacity in recent clinical trials (16, 28, 32–34, 48).

In the current investigation, we showed, for the first time, increased activation of cardiac β3-AR is an important contributor to exercise intolerance in HF and that administration of a β3-ANT in a canine model of HF enhances the response to exercise with improved LV diastolic filling, increases LV contractility, and decreases arterial elastance with an overall improvement in LV-arterial coupling and mechanic efficiency. This study is important in that it challenges the existing paradigm that general downregulation of adrenergic signaling in congestive HF is protective, unravels a new mechanism of exercise intolerance in HF, and points to a new molecular target for this serious and growing health problem.

How does β3-ANT administration prevent exercise-induced exacerbation of LV systolic and diastolic dysfunction and restore normal exercise response in HF? Previous observations from serial studies on the mechanism and treatment of exercise intolerance with HF performed by us and other groups have shown that abnormal exercise response in HF is attributed to several factors such as an enhanced sensitivity of LV relaxation to exercise-induced increased systolic load, altered force-frequency relation, chronotropic incompetence, impaired intrinsic contractility, reduced β-adrenergic reserve, abnormal ventricular-arterial interaction (5), and a blunted peripheral arterial vasodilator response to exercise (12, 13, 16, 27, 33, 37–39, 41, 51, 56). The current study indicates that excessive endogenous catecholamine stimulation during exercise in HF (18, 30) alters inotropic response to β-ARs due to enhanced β3-AR stimulation with higher concentrations of catecholamine (20) with less responsive β1- and β2-AR (14, 17, 45). Thus cardiac β3-AR desensitization in HF at rest was further exacerbated due to enhanced activation of β3-AR.

It is noted that β3-AR stimulation has been reported to produce vasodilatation. However, blocking endogenous β3-AR with L-748,337 did not produce any evidence of vasodilatation. Compared with HF exercise without β3-ANT, similar increases in PES and heart rate were achieved during HF exercise after β3-ANT treatment. These effects are also different than that produced by existing HF therapies such as conventional β-blockers and ACE inhibitors. These observations are consistent with the findings of Pelat et al. (55) and suggest that endogenous β3-AR activation does not have a significant effect on HR or blood pressure in HF. Thus the improvement of exercise performance during HF following treatment with a β3-ANT should be due to the direct myocardial effects.

Our findings are comparable with some past reports on the effects of exogenous β3-AR agonists (31, 46). Exogenous administration of a β3-agonist induces marked vasodilation (63). Observations of the exogenous administration of β3-

Fig. 1. Examples of the effect of β3-agonist treatment on LVPES-LV end-systolic volume (Ves) relations during exercise after HF. LV P-V loops recorded following transient caval occlusions in one conscious dog after HF at rest, during exercise, and during exercise after β3-agonist treatment. After HF, compared with rest, exercise caused a decrease in the slope of the LV PES-Ves relation, Ees. Compared with HF exercise without treatment, HF exercise following treatment with β3-agonist produced marked leftward shifts of the LV PES-Ves relation with increase in the slope of Ees, indicating that β3-agonist increased LV contractility after HF during exercise.

Fig. 2. Examples of the effect of β3-agonist on LVPES-LV end-systolic volume (Ves) relations during exercise after HF. LV P-V loops recorded following transient caval occlusions in one conscious dog after HF at rest, during exercise, and during exercise after β3-agonist treatment. After HF, compared with rest, exercise caused a decrease in the slope of the LV PES-Ves relation, Ees. Compared with HF exercise without treatment, HF exercise following treatment with β3-agonist produced marked leftward shifts of the LV PES-Ves relation with increase in the slope of Ees, indicating that β3-agonist increased LV contractility after HF during exercise.

In the slope of the LV PES-VES relation, EES. HF, compared with rest, exercise caused a decrease in LV pressure (PES) and heart rate. LAP was lower while t increased during exercise. Thus the increase in dV/dtmax during exercise after HF resulted entirely from an increase in LAP. Compared with HF exercise, after β3-agonist, exercise caused similar increases in LV end-systolic pressure (PES) and heart rate. LAP was lower while t and LVFmax decreased. There was an increase in the early diastolic mitral valve pressure gradient. dV/dtmax was further augmented with β3-agonist during exercise.

This study is important in that it challenges the existing paradigm that general downregulation of adrenergic signaling in congestive HF is protective, unravels a new mechanism of exercise intolerance in HF, and points to a new molecular target for this serious and growing health problem.

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Our findings are comparable with some past reports on the effects of exogenous β3-AR agonists (31, 46). Exogenous administration of a β3-agonist induces marked vasodilation (63). Observations of the exogenous administration of β3-
agonists showed that β3-AR-mediated signaling results in NO generation with elevated levels of NO (8, 14, 21). In rat thoracic aorta, SR59230A, a β3-ANT, antagonized the β3-dose-dependent relaxation evoked by SR58611 (23). Such findings raised concern that β3-ANT might be deleterious in the failing heart by increasing afterload (44). However, current results and our previous study (47) showed that blocking the failing heart by increasing afterload (44). However, current findings raised concern that dose-dependent relaxation evoked by SR58611 (23). Such increased EA both at rest and during exercise. In our study, the plasma levels of NO were not altered by SR59230A, a β3-nitric oxide synthase/cGMP pathway may further reduce inotropy and aggravate systolic function, particularly in the presence of concomitant β3/β2-stimulation (43). Recently, we found that in HF, chronic β3-AR stimulation triggers upregulation of cardiac inducible nitric oxide synthase/iNOS. Oxidant stress from iNOS uncoupling aggravates cardiac dysfunction. These alterations were prevented in β3-AR knockout (β3KO) mice and also were reversed with the treatment of a β3-ANT. Thus it is possible that β3-ANT may inhibit β3-AR/iNOS/NO signaling and contribute to its beneficial actions in HF during exercise. However, whether and to what extent administration of β3-ANT affects the iNOS/NO pathway, thereby contributing to the beneficial action of L-748,337, are unknown.

Our observation of the improvement of LV mechanical efficiency after acute treatment of β3-ANT during exercise is consistent with the reports that acute administration of SR59230A, a β3-ANT, attenuates the imbalance of systemic and myocardial oxygen transport induced by dopamine (25). β3-ANT by L-748,337 enhances cardiac positive inotropic and lusitropic responses to dobutamine in dogs with pacing-induced HF. Moreover, hypotension or poor ejection would not be anticipated in the use of β3-ANT, which is also different from the acute use of conventional HF drugs.

The current observation is in agreement with our recent serial studies in HF models showing remarkable salutary effects of the β3-AR blockade on reversing β-AR desensitization and preventing HF progression. Our preliminary observations (abstract presented at American Heart Association Meeting) revealed that β3-AR-deficient mice were protected from isoproterenol-induced HF. Recently, we further found that aging-induced desensitization of cardiac β-adrenergic signaling was prevented in β3-AR knockout (β3KO) aged mice. β3KO reverses aging-induced downregulation of LV myocyte sarco(endo)plasmic reticulum Ca2+-ATPase and upregulation of iNOS. We also made observations on the restoration of normal cardiomyocyte basal and β-AR subtype modulation of L-type calcium current in HF by β3KO. Consistent with past reports that these β3KO animals had normal life spans with no cardiac pathological conditions detectable at any point (67). Our recent investigation is supported by evidence that the efficacy of some β blockers may result from the action of β3-ARs (3, 19, 26, 39, 59, 66). β3-AR antagonists improve clinical outcomes and limit HF progression and remodeling in experimental studies (19, 44, 47). Recent clinical studies have demonstrated that chronic treatment (6 mo) with carvedilol (a nonselective β-AR blocker with β3-AR antagonist) was associated with a positive inotropic effect with significant improvement in load-independent indexes of myocardial contractility beyond what can be attributed to changes in LV chamber size and load after 3 mo (6). However, long-term (6 mo) administration of nebivolol (a
β3-AR agonist/β1-AR antagonist with associated NO-releasing properties) failed to improve exercise in HF patients (15). Similarly, 3 mo of treatment of nebivolol reduced exercise duration while that of carvedilol did not (P = 0.02 for the difference) in randomized controlled trial (54).

Study Limitations

Several methodological issues should be considered in the interpretation of our data: 1) Observations were obtained from a pacing-induced HF canine model. Although rapid pacing produces an animal model of HF that closely mimics that of clinical congestive cardiomyopathy, this experimental model demonstrated biventricular chamber dilatation with increased LV and RV filling pressures and striking abnormalities in systolic and diastolic function similar to that found in patients with dilated congestive cardiomyopathy (7, 12, 35). We cannot ascertain that these results are applicable to HF from other causes. 2) We did not examine the effects of β3-ANT on LV end-diastolic P-V relation during exercise in this investigation. Further studies are needed to focus on this point in HF. 3) Our study did not define the mechanisms of the action of β3-ANT during exercise of HF in addition to its ready known blocking β3-AR activation-induced enhanced inhibition on LV contraction and relaxation. It is possible that its beneficial actions are attributable to the alteration on β3-AR stimulation activated subtypes of NOS/NO pathways. We also did not measure oxidative stress. Instead, it is emerging that cardioactive amines are also able to bypass the receptors, enter the myocytes, and trigger the activity of monoamine oxidases, leading to increased oxidative stress due to the monoamine oxidase-driven generation of H2O2. This has been shown both in the case of ischemia-reperfusion (4) and in transverse aortic constriction-induced HF (29). Clearly, more insight will be gained from ongoing work designed to assess the influence of β3-ANT on the interaction between β3-AR stimulation and the subtypes of NOS/NO pathways. It should be clarified in a future study whether β3-ANT may blunt an increased oxidative stress during exercise in HF preparations.

Our novel findings indicate that antagonizing detrimental effects of endogenous β3-adrenergic stimulation may help preserve β1- and β2-AR function, lead to desensitizing the activity of the β-adrenergic system, and provide inotropic support and thus improve exercise performance in HF. However, our study only elucidated the positive systolic and diastolic effects of acute β3-ANT administration after HF at rest and during exercise. Since acute gain of β3-ANT may not correlate with long-term benefits, whether these beneficial actions of acute β3-ANT administration during exercise in HF will persist after chronic long-term application is unclear. Thus the precise therapeutic role of chronic β3-ANT for exercise tolerance of HF remains to be determined.

In conclusion, we found that in dogs with pacing-induced HF, β3-AR activation contributes to exercise intolerance in HF. β3-ANT improves LV diastolic filling; increases LV contractility, LV arterial coupling, and mechanical efficiency; and improves response to Ex. The current study supports the hypothesis that upregulation of cardiac β3-ARs is the critical determinant of the dysfunctional β-AR regulation that occurs in HF at rest and during exercise and provides unique insight to the functional implications of β3-AR blockade in exercise intolerance of HF.

ACKNOWLEDGMENTS

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DISCLOSURES

No conflicts of interest, financial or otherwise, are declared by the author(s).

AUTHOR CONTRIBUTIONS


REFERENCES


